



Pandemic Inventory?

When the pandemic stuck and in person meetings were gone, AA members and WAIA quickly pivoted to online meetings. As meeting donations to WAIA dried up the members of AA stepped up and donated individually. In the fall it was uncertain how well WAIA would do financially, but members gave overwhelming support during Gratitude Month and WAIA ended up with a surplus beyond our prudent reserve. Lest problems with money, property, and prestige divert us from our primary purpose, WAIA is seeking proposals that will support WAIA's purpose, from volunteers willing to implement the proposal. If you have an idea that you want to implement, please submit details through this form. No idea is too big or too small! <https://forms.gle/eNPYekYhoUA2cWfWA>

You will be connected to a WAIA committee to help implement the proposal. Listed below is the information requested for each proposal: If you have any questions, please send an email to finance@aa-dc.org.

Proposal Information Requested

1. Email Address
2. Submitted by (First and Last Name)
3. Are you working with a WAIA committee to sponsor this proposal? If yes, which one? If no, we will connect you to the relevant WAIA point of contact after reviewing your idea *
4. Please provide a description of the proposed use of funds:
5. Please describe how this initiative will support WAIA's purpose, described in the Bylaws as "the administration and coordination of Alcoholics Anonymous activities common to the various groups comprising its membership, including the maintenance of an intergroup office. This office shall act as a clearinghouse for the effective development of A.A. and as an A.A. information resource center for the Washington, D.C. area."....and how it aligns to the AA traditions (if applicable):

Funding Amounts

Please provide the most accurate totals for one-time costs and any ongoing/recurring costs you anticipate as to fund your proposed initiative.

6. Are proposed costs one time, recurring or both?
7. When are the anticipated dates for the one-time cost? (date range - MM/DD/YY to MM/DD/YY)
8. Are there any recurring costs (monthly, yearly)? If yes, what is the annual recurring total?
9. When are the anticipated dates for the recurring costs? (date range - MM/DD/YY to MM/DD/YY)
10. Date Submitted

An A.A. Covid Poem

We made it through 2 thou-sand twen-ty

Pretty tough and not much glee
Many changes, i-so-la-tion and fear
Basically gave us PTSD.

Stay at home - don't go outside
Except some sun to bask
6 feet a-part social dis-tan-cing
And by all means - WEAR A MASK!

Online meetings all over the world
Caused the in-ter-net to boom
Some of us get a lot more "techy"
Becoming experts at ZOOM!

Groceries and meds de-li-ve-ry
Made it convenient to I-so-late
It was hard on "peeps" who lived a-lone
TV, boredom, much food they ate!!

But with the bad, some good came out
Our world ex-pand-ed deep

Because of lots of online connections
We met so many new "peeps!"

So now we're in the age of vaccines

We hope it does the trick
Some peeps have already tak-en them
To guard from getting sick.

So what have we learned from this tough
time?

To hold our loved ones tighter
Val-ue our se-re-ni-ty
And what makes our spi-rits lighter!

With all the Chan-ges we've gone
through

Some things are the same to think
Go to meetings, reach out and work the
steps

And by all means, DON'T TAKE A
DRINK!!!

Liza R.,
Annapolis morning meeting

Q & A's on practicing the SEVENTH TRADITION at virtual meetings (From the General Services Office (GSO))

In recent years a number of groups have utilized digital payment platforms to provide opportunities for members to make cashless contributions. There are different payment platforms to facilitate this service, and it is up to the group to determine which one to use. Experience suggests that the treasurer is a natural choice to handle digital contributions.



1. Q. Our group is meeting virtually due to the Coronavirus (COVID-19). Our meeting costs are low, so why do we need to take a Seventh Tradition collection?

A. The spirit of self-support ensures that even minimal expenses are borne by the whole group rather than by individual members. In addition, many groups want to continue support for other A.A. services. Local intergroup/central offices still have bills to pay, such as rent and utilities. Many have employees who are working hard to keep meeting information updated and respond to calls for help. The Online Intergroup of A.A. also has its own costs which require support, and many districts and areas continue to have expenses as they support the work of committees and plan future events. Furthermore, the GSO needs to cover its operating expenses to continue providing services. Literature sales, which traditionally help pay for services, currently are much lower than usual.

2. Q. If our group decides we want to “pass the virtual basket” how would we get started?

A. Often a group will have their treasurer or other members gather shared experience and information on different digital payment options, then present that to the group for discussion at a business meeting.

3. Q. What kind of options are available?

A. Here are some of the digital payment platforms that groups using: Apple Pay, Cash-App, Google Pay, PayPal, and Venmo. Information on options being used locally may be available from your intergroup/central office, district or area.

A Covid Story from California Zoom Group

My sobriety date is May 14th, 2020. Far enough into the pandemic that I had worked through the difficulties of buying my daily pint of vodka even with everyone at home all the time. When I tell my story in a meeting, I include the three incidents when I was confronted with my alcoholism. I drank in secret. I mention too that I am lucky compared to many people we meet in the rooms. I have a great job and a beautiful home and a happy family, though one that harbored a dangerous secret.

My wife, Jess, and I faced the first incident after a night where it became obvious that I was not just joining her in a nightly cocktail and some wine, but that my drinking life had become unmanageable. That first time I promised to stop drinking hard liquor. We still enjoyed wine together most evenings and I had my hiding place that I would visit and drink to excess. The second incident came when she discovered me at that hiding place and I promised to quit altogether. And I did, for 19 days. I found a better hiding place and while I made a very public show of not drinking, continued my pint a day habit in secret. The third incident came this past May. This time, I began to tell the truth and admitted that I did not know what to do.

I enrolled in a Kaiser alcohol dependency program and one of the requirements was to attend at least 3 A.A. meetings each week. While we all have some awareness of A.A. from its appearances in TV shows and movies, the meetings were nothing like I expected. While thought I was going to learn some tricks that would let me stop drinking, and I suppose we do learn those tricks, I found myself part of a movement. This movement teaches us to help ourselves by helping others, to be of service, to talk and to listen. The cadence of *How It Works* that opens each meeting and listening to the 9th *Step Promises* as each meeting ends became the most comforting sounds.

And I quickly discovered what to do: I admitted that I was powerless over alcohol, that my life had become unmanageable.

In a recent meeting, Jenny H. talked of building her A.A. family. I am doing that in my Home Group, *Happy Hour*, based in Rancho Cordova California. Like all families, this one has its own dynamic and each member has their own personality. We share in the chores that keep the household running. We support each other through our shared familial bond. We help each other when we can and ask for help when we need it. I have attended two in-person meetings – my sponsor was the Secretary and we met to complete step three there and then he asked me to speak at another meeting. And while I hear from people that they miss meeting in person, I don't really know any different. But I also hear of the joy of attending meetings held far and wide – the *Bronx Book Study* is legendary within *Happy Hour*. And people from all over join our meetings now. I came to this newsletter through one of those visitors.

Powerlessness – all families, not just A.A. families, have had to confront powerlessness in new and profound ways since COVID came. While I am not sure how to help others to cope with it, I know that admitting I am powerless has offered great comfort to me. Some of the mystery of powerlessness is lifted when we acknowledge it. Our honesty begins a journey that, instead of overcoming it, includes powerlessness as an integral part of that journey. We recognize that not only are we powerless, so is everyone in our family and everyone around us. Then we work together, not to conquer powerlessness, but to move through it together, to learn new skills that allow us to work within that powerlessness, to take its power and transform ourselves into someone new, with power of our own. We stumble and get back up. We claim spiritual progress, not spiritual perfection. A.A. may have, in fact, prepared us for a pandemic.

Troy A
Happy Hour, Rancho Cordova CA

My name is Maria, I am 24 years old and I am an alcoholic.

My first drink was like meeting my soul mate, love at first sight. I now have 7 months sober and as much as I wish I could say that this has been my first go around being in the program of Alcoholics Anonymous, it is not; and I am realizing that is okay. I've been in and out of the rooms since I was about 13 years old. I was introduced by my grandparents who I went to live with at the age of 12. They must have seen in me something I would not see in myself until years later. That being, I have the alcoholic gene. I was put into rehab at the age of 14, looking back I can confidently say, that indeed was not normal. Had you asked me years ago I would have told you otherwise. This go around feels different. I received my first DUI on March 3rd, 2020. During the very peak of COVID. Though this was something that should have been a red flag too me, I continued to drink, sneak, lie and manipulate even after having to get a interlock installed in my car in April of 2020. Though the interlock did not cause me to not drink, it did introduce some math skills of mine that I did not realize I had. I would drink, then calculate the amount (roughly, who really counts) of how much I had drink to the number of hours it would take for me to be able to blow and pass my blow and go the following day without being flagged, as it was a part of my restrictions that I was not to consume any alcohol whatsoever. I had my last drink the night of July 13th, 2020. It was a Monday night and I had begun drinking around 2:30 PM that day. By 5:30PM I was violently, belligerently, drunk. My children had to once-again witness their mother blackout drunk in a fit of rage. The following two day's they had stayed with their grandparents, I had time to sit alone and think long and hard. Normally at this point, after a night of explosive drinking, I am typically hiding, beating myself up and itching for another drink because facing the reality of what I had done previously while drunk was too embarrassing to indoor sober.

Though this time was a bit different. I remember laying on the couch, putting the TV on mute, staring at the ceiling fan, asking out loud "WHY AM I LIKE THIS, I DONT WANT TO LIVE LIKE THIS, I CAN'T KEEP DOING THIS". I remember sitting in this strange limbo for about 2 months where I hadn't drunk, I knew for a fact that I didn't want to drink, but also was discouraged about entering the program again because I had done this so many time before. Hurt the people I love and care about the most while drunk, then fed them empty promises that I would return to meetings and get sober, blah blah, blah. Eventually our loved ones get sick and tired of hearing it, and quite frankly we get tired of telling ourselves. I had finally put my ego aside, reached out to my previous sponsor and broke down.

Completely told on myself, explained to her this odd limbo period I had been in of dry time and asked her if she would consider being my sponsor again, that I needed help and that I did not want to live another day feeling the way I felt. She agreed and we got to work. Coming back into the rooms again definitely was different, entering sobriety during the time of a pandemic. In-person meetings were all I had ever known. The community of people, the meeting before the meeting, the meeting after the meeting, seeing familiar faces in person, had always been important to me. I had then learned meetings were still accessible, just with a twist, Zoom. Attending meetings through Zoom, as my primary meeting source, so early in my recovery definitely has had its up and downs. Being a busy mom of two, it was wonderful because it is convenient, there are virtually meetings almost at any time of the day, from all over the world which gives you so many different perspectives from all over, which I have loved. The times I felt it was a challenge was at times that I had been really missing that in person fellowship, the community, seeing people you have or haven't seen on daily/weekly basis. Though COVID has given us in recovery some obstacles, I truly believe it is as it has always been, what's important about a meeting is its message and how that message can help another struggling addict.

I am so grateful to still have access to my meetings because I need them dearly, I need the fellowship and community dearly, if I want to hold on tight to my sobriety. It has been a rocky 219 days without picking up, BUT I've never felt so content, safe and at ease as I do within these last few months. Don't get me wrong, life still happens, and I have had heavy situations thrown my way, but the difference is, I in my heart have this sense of calm, that everything is going to be okay. I am so very grateful to everyone in the rooms, everyone I have met through Zoom, all of those who have shared their stories, my Higher Power and my previous and current sponsor. Though I have gotten a new sponsor due to us agreeing our schedules were very un-meshable, I will forever be grateful for her and love her dearly. I am grateful for my new sponsor who I love dearly, and I know she truly loves and cares about me as I do her. That is a beautiful blessing. Before getting sober, the only relationships I would have would be ones that benefited me in some way, shape or form. I am so grateful to this program that I don't have to be that person ever again, all I have to do is attend meetings, be honest, do the right next thing, reach out to others, work the steps, continue to grow my relationship with my higher power and most importantly, not pick up. Thank you for taking the time to read my story. I will most definitely continue coming back.

Maria M., HIW BB step meeting

Meeting Uncertainty with Resiliency: G.S.O. in the Pandemic

As a result of Coronavirus (COVID-19), New York State has shut down 100% of operations of ‘nonessential’ businesses/ organizations,” the announcement posted to aa.org read. “The General Service Office of Alcoholics Anonymous World Services, Inc., located at 475 Riverside Drive, New York, NY is closed, effective March 20, 2020, until further notice.” Given the toll that COVID-19 was already exacting on the New York metropolitan area, this announcement was not unexpected.

Nonetheless, it was a first: never in the history of Alcoholics Anonymous had the General Service Office — whose antecedents stretch all the way back to the late 1930s and Bill W.’s small office at Honor Dealers in Newark, N.J. — been forced to shutter its doors. G.S.O. is home to 95 employees of A.A.W.S., plus a dozen more working for AA Grapevine. These men and women, both alcoholic and nonalcoholic, serve a worldwide membership of over two million alcoholics in myriad ways: answering letters, preparing bulletins, keeping prison inmate correspondence flowing, processing group contributions, providing new literature (and keeping older literature up to date), helping prepare for the General Service Conference and World Service Meetings, preserving A.A. history in print and digital archives, and maintaining the aa.org website, in three languages, with its 14 million yearly viewers. As the pandemic worsened, G.S.O. faced an unprecedented logistical, technical and, yes, spiritual challenge.

With employees scattered to their homes, how would it continue to fulfill its original function, as described by Bill W., of being a “point of reference on the globe where our few but important universal services can focus and then radiate to all who wish to be informed or helped”? Even before the New York shutdown order, says G.S.O. General Manager Greg T.,

“In the first week in March, we formed a task force comprised of myself and senior management and staff. The welfare of our employees and their families was paramount in all of the thinking and planning.”

Working to help G.S.O. prepare for the coming crisis was Stephanie L., G.S.O.’s Senior Director of Administration and Strategy. “As the news of the health crisis developed,” says Stephanie, “we started to forecast and think about how we could move forward. We actually thought we had more time, which we obviously didn’t. The Human Resources department was very important in everything we did. Prior to our closing the office on March 20, we had already said to employees, ‘If you are not comfortable coming in, talk to your supervisor and we’ll arrange to ship your equipment now.’ So, actually, from March 13 to March 20, folks exited at their discretion.

By March 19, it was very much a skeleton crew here.”



Call for service from Will R., past chair of the 2019-2020 Sponsorship Conferences

I think you will agree that Sponsorship is an essential part of an alcoholic's recovery. Because of this, the sponsorship process has been a topic of countless discussions, books, and workshops. Here in Area 13, for the past two years WAIA has helped sponsor a Sponsorship Conference that provided a way to educate, inspire, and share experience, strength, and hope about sponsorship.

We are now at a decision point about whether there will be a third annual Sponsorship Conference. I have been the Chair of the conference the past two years; but it is time to step back from that role. Is someone else being called to step up? Is there still a need for an annual sponsorship conference? Do people feel drawn to participate in making the conference happen?

To facilitate an orderly transfer of knowledge about how the conference has been operated, I have identified the volunteer roles and responsibilities that make the conference successful. I am also available to help the new chairperson.

If you are inspired to make the conference happen again this year, please let me know of your interest. Please be specific. The project will need coordinators and a chair-person. Please email: sponcon@aa-dc.org. Based on the level of interest and the emergence of someone interested in being chair, I will schedule a planning meeting to identify the next steps. In short, I am leaving the decision to move forward in the hands of the Higher Power. Thank you for your thoughtful consideration.

Will R., Sponsorship Chair, 301-455-1256, sponcon@aa-dc.org

Proposed 2021 Sponsorship Conference Service Positions (based on the 2020 Conference): https://aa-dc.org/sponsorshipconference-2021_servicepositionsplanningguide



Bartending is daycare, but at night for adults. Hear me out:

You give them sippy juice and snacks and supervise them while they play and practice their poor social skills.

Sometimes they're mean to other kids so they lose their sippy juice privileges and have to sit in time out (or get sent home early!)

They talk to you but they don't always make sense. You have to listen and nod anyways.

Cry unintelligibly for some reason sometimes.

Cleaning up vomit, pee and poop is also a thing sometimes.

Spills. Lots of spills.

"Look at what I can do!"

Hopefully someone eventually comes to pick them up.

An Ohio man is marking the Christian tradition of Lent by giving up solid foods for 46 days and getting the majority of his sustenance from beer.

Del Hall of Cincinnati said his Lent diet includes only beer, water, black coffee and herbal tea, and as of his Friday morning weigh-in -- day 3 of his diet -- he was down 5.8 pounds.

"I only have three to five beers a day," Hall said. "It's not like I'm drinking constantly. If you eat your standard diet, it gets boring. You don't eat the same thing every day. So, I am definitely not going to drink the same thing every day."

Hall said he successfully completed Lent beer diets in 2019 and 2020, each time noticing health benefits of the experience. He said he lost 40-50 pounds both years and noticed his blood pressure and cholesterol improved.

"The human body is an amazing thing," Hall said. "We're used to going through as hunter-gatherers, feast and famine. The problem is we don't go through the famine anymore."

Hall is raising money through a crowdfunding initiative dubbed "Sgt. Del's Virtual Tip Jar." He said the money will go toward local bars and restaurants that have suffered losses due to the COVID-19 pandemic.



48th Annual Mini-Conference



HOSTED BY:

AREA 13 — WASHINGTON AREA GENERAL SERVICE
ASSEMBLY (WAGSA)



DATE:

SATURDAY
APRIL 3, 2021

TIME: 9:00 AM – 2:30 PM

LOCATION:

<https://us02web.zoom.us/j/89636532742>

WHAT?

The purpose of the Mini-Conference is to provide the opportunity for all Area 13 A.A. members to learn, discuss, and share their thoughts on the 2021 General Service Conference (GSC) agenda topics.

WHY?

This provides the Area Delegate with the views of an informed Area group conscience, and also provides every A.A. member in Area 13 the opportunity to fulfill its responsibility to the future of A.A. by exercising its Right of Participation.

HOW?

You will be provided more information about the topics to be covered in the very near future.

Mini-Conference Panel Topics

Panel 01	I. Agenda	J.	Discuss a request to provide additional avenues for AA members to share input on General Service Conference agenda items
Panel 02	VII. Policy/Admissions	C.	Consider a proposed process for how a Conference committee could review, discuss, and act on proposed agenda items not forwarded to a Conference committee
Panel 03	III. Corrections	A.	Consider request for a review of all correction related literature to replace terms such as “inmate” and “offender” with less stigmatizing language
Panel 04	III. Corrections	B.	Discuss innovative ways of carrying the message to alcoholics in correctional facilities/programs
Panel 05	IV. Finance	A.2	Discuss mechanization of group contributions
Panel 06	VII. Policy/Admissions	J.	Consider requests regarding participation of online groups in the General Service structure

Mini-Conference Roundtable Discussion Topics

V. Grapevine and La Viña Literature: The Big Book A - Z	E.	Review suggested gender-neutral language options for changes to the AA Preamble
	B.	Consider requests to revise the book Alcoholics Anonymous
	C.	Consider proposals related to possible Fifth Edition of the book Alcoholics Anonymous:
	D.	Consider development of a draft Fourth Edition of the book Alcohólicos Anónimos.
	U.	Consider if proposed agenda items for plain language, simplified language, accessible translations and large print versions of the book Alcoholics Anonymous, as well as workbooks to help study the program of Alcoholics Anonymous, can be addressed with a common solution
	W.	Consider the development of a draft Fifth Edition of the Big Book, Alcoholics Anonymous, noting past Advisory Actions.

Please register at: <https://forms.gle/wgW78A6bNBfSe1zt9>

Questions? Email altdelegate@area13aa.org or visit www.area13aa.org.



District 1-Calvert County, MD

**PLEASE JOIN US FOR A ZOOM WORKSHOP ON
THE TRADITIONS AND RELATIONSHIPS**

APRIL 3 - 11:00 - 3:00 EST

**Presenters: Clif G. (AA) and Lori G. (Al-Anon)
Oklahoma City, OK**

This is a workshop you do not want to miss!

It is said that the unity of Alcoholics Anonymous and Al-Anon is the most cherished quality our fellowships have. Our lives, the lives of all to come depend squarely upon it. The practice of our 12 steps puts our lives in order, but not necessarily our relationships. How to live successfully with others can be found within our Traditions. They are in reality, guidelines for our behavior.

ZOOM ID: 786 456 1273

Passcode: 101661

ALCOHOLICS ANONYMOUS



Zoom Bombers Squad

Group safety **BEFORE, DURING, & AFTER**
online meeting disruptions or attacks

Sunday April 11, 2021
3:00PM - 4:30PM

Meeting ID: 839 2219 5476
Passcode: 071462

For more information:
www.aa-district2.org/events



International Women's Conference DC – 2024 Planning Committee

*Would you like to be of maximum service to the women in AA?
If so, join us on Saturday, April 24, 2021 @ 2:30 pm (EST)*

Meeting ID: 864 0458 3343 --- Passcode: 24@IWcDc

One tap mobile

*+13017158592,,86404583343#,,,,*41252391 # US (Washington DC)
+19294362866,,86404583343#,,,,*41252391 # US (New York)*

Dial in Meeting ID: 864 0458 3343 --- Passcode: 41252391

We are currently looking for women with some of these skills:

- *Administrative/Managerial Skills*
- *Computer/Zoom*
- *Hospitality*
- *Negotiating Skills/Hotel Contract Negotiator*
- *Teachers (able to teach others to use the zoom platform)*
- *Security Personnel*

*If you do not possess any of the skills above, your voluntary service can still be used. We can find a place for you.
We need plenty of volunteers.*

Judy F, Chair IWC - 2024

Email: jforrest2415@verizon.net

Veronica W, Secretary IWC – 2024

Email: valilton3205@gmail.com



BILL & BOB'S

BOARDWALK SESSIONS

April 30th, May 1st, & 2nd, 2021

at the
ATLANTIC SANDS HOTEL
& CONFERENCE CENTER

1 Baltimore Ave., REHOBOTH BEACH, DELAWARE 19971

\$ 135.00 Double Occupancy

Contact Atlantic Sands Hotel and Conference Center mention Boardwalk and # 10028 for this discounted rate.

302-227-2511

SPEAKERS:

Tom W. ~ Oakland, CA • Mike D. ~ Souix Falls, SD
Lola H. ~ College Park, MD • Wendy B. ~ Lewes, DE
Amylynn K. ~ Lewes Beach, DE • Heather M. ~ Millsboro, DE

Registration

Jan 21 - Mar 31 \$30 • April 1-29 \$35 • April 30 - May 2 \$39

Make checks payable to: We Are Not Saints Group

P.O. Box 293, Rehoboth Beach, DE 19971

Banquet Menu (plated)

Vegetarian Lasagna (3 Cheese) \$29.00

Med. Garlic Lemon Chicken \$39.00 • Roasted Salmon \$39.00

More information on registration hotel rooms and conference go to NOTASAINTE.ORG

Name: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Phone: _____ Email: _____

REGISTRATION

Jan 21 - Mar 31 - \$30	\$ _____ x _____ = \$ _____
Apr 1 - 29 - \$30	\$ _____ x _____ = \$ _____
April 30 - May 2 (At Door) \$39	\$ _____ x _____ = \$ _____

(Make checks payable to We Are Not Saints)

VEGETARIAN LASAGNA DINNER (\$29) \$29 x _____ = \$ _____

MED. GARLIC LEMON CHICKEN (\$39) \$39 x _____ = \$ _____

ROASTED SALMON (\$39) \$39 x _____ = \$ _____

Donation for those who cannot afford to come = \$ _____

(ALL SALES FINAL, NO REFUNDS) TOTAL PAYMENT DUE: \$ _____

Register online at NotASaint.org or mail to We Are Not Saints, P.O. Box 293, Rehoboth Beach, DE 19971

WAGSA Area Committee Meeting

NO APRIL COMMITTEE MEETING IN APRIL because of 48th Annual Mini-Conference on April 3.

48th Annual Mini-Conference

Hosted by the Area 13 – Washington Area General Service Assembly (WAGSA)

SATURDAY, APRIL 3, 2021

9:00 am to 2:30 pm

<https://us02web.zoom.us/j/89636532742>

PLEASE REGISTER for the 48th Annual Mini-Conference. The registration URL is <https://forms.gle/wgW78A6bNBfSe1zt9>. Registration is available until the day of, April 3rd..

WAIA Monthly Board of Directors Meeting

April 13, 2020—8:00 PM 2nd Tuesday of the month except August

Join Zoom Meeting:

[https://us02web.zoom.us/j/83460598434?](https://us02web.zoom.us/j/83460598434?pwd=VVBEK2FNSzcxS3VXZDFVOXhMa1oxZz09)

[pwd=VVBEK2FNSzcxS3VXZDFVOXhMa1oxZz09](https://us02web.zoom.us/j/83460598434?pwd=VVBEK2FNSzcxS3VXZDFVOXhMa1oxZz09)

Meeting ID: 834 6059 8434

Passcode: 819862

One tap mobile

+13017158592,,83460598434# US (Washington DC)§

CHECK OUT OUR EVENTS CALENDAR

Events are updated regularly!

If you would like to submit an event, send an email to events@aa-dc.org. A pdf flyer may be attached

930 Club			
AA at CUA			
AA & Family Issues			
Addison Road			
Adams Morgan Meditation	54		
All Are Welcome			
Anacostia			
360 Andrews Armed Forces			
As Bill Sees It, NW			
As We Understood Him			
300 Aspen Hill 5th Chapter			
Aspen Hill Phoenix Mon.	44		
Aspen Hill Phoenix Fri.			
750 Attitude & Action			
Attitude Adjusters			
Back to Basics	57		
Barnesville	70		
Beginner Basics (DCC/Wed)	1455		
Beginners & Winners			
Beginners are Winners			
Beltsville			
60 Brightwood			
Brookland			
Broad Highway			
900 BYOL			
BYOL (NonSmoke)			
233 Burtonsville Big Book	526		
Campus Noon			
Capitol Heights			
Capital Hill			
Carmody Hill Group			
Cedar Lane Women			
Change of Life			
Cheltenham			
Chestnut Lodge Outreach			
Chevy Chase Group			
Chinatown Big Book			
Chinatown Men's			
Clarksburg AA			
Cleveland Park			
Clinton 45 Plus			
Clinton Day	600		
Clinton 6:30			
Clinton Sunday Night			
160 Coffee & Donuts			
Colesville Sunday Nite			
College Park			
Cosmopolitan	100		
Crapshooters			
Creative Arts		172	
Crossroads of Recovery		30	
Daily Reflections, NW			
Daily Reflections, SW	1545		
Daily Reflections, UnityPI	30		
Darn Good Big Book			
Darnestown Men			
Day by Day			
Deanwood Women Rap			
Double Dippers	60		
Double Recovery			
Dupont Circle Club			
DC Young People	30		
DCC Noon			
DCC Women Fri.			
DCC Tues. 6PM			
DCC—930 Club			
Del Ray Acceptance			
Del Ray club			
District 2			
Divine Intervention			
Dunn Drinking	30		
Dunrobbin			
8AM Men's Big Book			
Early Times	47		
Epiphanies			
Ex Libris			
Faith Fellowship			
Faith Group			
52 Pick-Up			
Fireside Spirituality			
Foggy Bottom			
Fogliffers			
Forestville Primary Purpose			
14 Promises			
Fourth Dimension			
Free Spirits			
Friday Night Fun Too			
Friday Night Big Book			
Friendly Bunch	29		
600 Friendship			
Gaithersburg Beginners			
Gateway			
Gateway/Wednesday			
Gay 18 New Castle			
Gay Group			
100 Georgetown			
Glenarden	79		
Glen Echo			
172 Goldsboro			
30 Good News Beginners			
Good Shepard			
Greenbelt Step			
30 Growing Group			
Happy, Joyous & Free			
Help Wanted			
High Noon			
High on the Hill			
60 High Sobriety			
Hill Lunch			
Hope Fellowship			
30 Hope/Oxon Hill			
How It Works G'burg			
Hyattsville Discussion			
Hyattsville Hope			
Informed Group			
Into Action, Germantown			
Investment			
Irreverent Women			
Jaywalkers			
30 Just Before Noon			
Just For Today			
Kensington YP Step Study			
47 Keys to Kingdom			
Kid Friendly Big Book			
Kingman Park			
King Str. Recovery			
Language of the Heart			
Landover Discussion			
Lanham-Seabrook			
Last Chance			
Laurel Recovery			
Leisure World Noon			
Leisure World Big Book			
Let Go Let God			
Life Is Good			
Life Saver/Big Book			
Little House			
29 Lit Womxn			
Living Sober by the Book			
Living Sober Unity Place			
May Day			
Meance to Serenity			
Men of Dupont			
Men In Recovery			
Men's BS Session			
79 Merry Miracles			

198	Messengers	1400	Path to Healing	190	Sunday Morning Joy
	Midwest		P Street		Sun. Morning Reflections-UP
	Midtown		Palisades Mon. Nite	6000	Sunrise Sobriety
	Misery is Optional		Petworth	170	Sunshine, G'burg
	Mitchellville		Phoenix Group/DC		Sursum Corda
	Monday Winners		Pool'ville Pot Luck		Survivor's
	Mo.Co. Women	30	Potomac (Step/Tradition)	180	Takoma Park Necessity
80	Monday Nite Women		Potomac Eye Openers		Takoma Rush Hour
	More Peace of Mind		Potomac Village		Tenley Circle
	Montrose Gay		Primary Purpose Gay		The Away Group
	Moving into the Solution	360	Progress Not Perfection	60	There is a Solution-Women
	Mt. Rainer		Promises Promises		TGIF
	Nativity	480	Queer Women		Thurs. Morn. Reset
	Navy Yard Nooners		Quince Orchard		Triangle Club
36	Neelsville Beginner		Radicals		Twelve Point Bucks
73	New Hope		Read & Speak		Unity Noon
	N.E. New Hope	60	Riderwood Bills	120	Unlovely Creatures
	NE Sunrise		Room with a View		Upper Marlboro Step
	Never Too Late		Sat.Afternoon/2PM/UP	113	Uptown
	Never Walk Alone	160	Saturday Morning Steps		User Friendly
	New Avenue		Saturday Night Happy Hour	129	VA Hospital Ctr
	New Beginnings NW		Saturday Night Special		Victory Lights
	New Beginnings/Pool'ville	60	Scaggsville	95	Virtually Sober
	New Beginners SW		Second Chance		Vision for You
	New Beginnings-Women		Serendipity		Waters Landing
	New Stomping Ground		Serenity House		We Care
	New Unity Gay	120	Shepherders		Wednesday Nite Winners
	No Exclusion		Silver Spring Beginners BB		Welcome Group
	No Hard Terms		Silver Spring		West Side Men
	Norbeck Women Fri		Simplicity		Westside Women
171	Norbeck Women Wed		Simply Sober	127	What's Happening Now
	Norbeck Step		Singleness of Purpose		When All Else Fails
185	NW Metro		Six & Seventh Step		White Oak Steps &Traditions
	Nuts & Bolts		Soapstone	218	Women's Lit (180 Club)
	Oasis Women's BB	240	Sober & Alive	2301	Yacht Club
	Old Fashion Group		Spiritual Hilltop	200	Yeas & Nays
	Oney Farm	75	Sobriety Sister		
	On the Circle		Southern Sobriety		
	Oney Stag Rap	2000	Spiritual Awakening		Birthday
	On the Move		St, Barnabas Womens wrap		90 Faithful Fivers
	One Day at a Time		St. Camillus	15,218	Individuals
	One Day at a Time/R'ville		St. Mary's Gay	400	Memorial
	One Day at a Time/G'burg		St. Francis		
	One Day at a Time/Lanham		Starting Over (SS)		
	One Hour Back		Starting Over Gaithersburg		
125	Out of the Woods		Steps To Sobriety		
	180 Group		Step II Group		
	Open Arms	95	Sunday Men's Step		
			Sunday Morning Breakfast		

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Day

Years

April 25
April 25

Barbara R.
Luke W.

Mt. Rainier
Mt. Rainier

18 Years
24 Years

THINGS WE CANNOT CHANGE

John Dussault, March 13, 2021, P Street Group, 32 years sober

Anniversaries should be called into WAIA (202) 966-9783 as early as possible, by the 15th of the preceding month at the latest.

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Opinions expressed herein are not necessarily those of the Washington Area Intergroup Association or A.A. as a whole.

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APRIL 2021