



We will suddenly realize that God is doing for us what we could not do ourselves.



Happy, Healthy and Sober Holidays!



God does for us . . .

There are struggles we will face in sobriety. Getting sober is not a guarantee that life will be void of trouble. On the contrary, life will be life. Life will have its ups and downs, its triumphs and tribulations, its ebb and flow.

What we are guaranteed with sobriety is that we can go through life, clear headed, not clouded by drugs and alcohol. As we work the 12 Steps of A.A. we are also given guarantees that come in the form of promises. We are told that “we will find a new freedom and happiness”; “we will be amazed before we are half-way through”; “fear of people and economic insecurity will leave us”; “we will intuitively know how to handle situations which used to baffle us”; “we will suddenly realize that God is doing for us what we could not do for ourselves”, (pages 83-84, Alcoholics Anonymous).

Shortly after receiving my three-month medallion, I learned that my oldest sister had been killed by a drunk driver. I wanted to chuck my medallion into the garbage and go get high, but suddenly members from the program started to show up at my sister’s wake in droves. I didn’t even know many of them, but they came because they heard of the tragedy and they wanted to express their sympathy and concern. Their love and compassion got me through a very difficult time. I’ve heard in the rooms that “when life goes down, God shows up...” Those A.A. members showing up to my sister’s funeral helped me maintain my fledgling sobriety.

Ten years after my sister’s death, my mother died suddenly from complications associated with her cancer treatment. I was stationed overseas at the time in Germany. I received a phone call in the middle of the night and the voice on the other end was sobbing. It was my father asking me to come home immediately. Within 72-hours I was at home in my father’s house, numb from the travel and the shock of having just lost my mother. The phone rang and I answered it automatically. The voice on the other end asked for John. I replied, “this is John”. The caller introduced himself as a Catholic Priest. I assumed he was calling to express his condolences on my mother’s passing, but instead he said he was calling to thank me. I asked why? He said that he had just picked up his five-year medallion and he wanted to thank me because I had taken him to his first A.A. meeting five years ago. I started to sob. He asked why I was crying and I told him about my mother’s passing. He seamlessly transitioned from A.A. friend to pastoral counselor. It was another in-

stance of “God doing for us what we could not do for ourselves”. It was another example of “life going down and God showing up...”.

A few months ago, my wife complained of a side-ache. She said she thought she had a kidney stone and was going into the doctor for a check-up. She came out of the doctor’s office four hours later with a diagnosis of kidney cancer. I was shell-shocked. What I thought was going to be a routine procedure, suddenly turned into a life changing circumstance. She came home and in accordance with the doctor’s orders immediately went to bed. I picked up the phone and called my sponsor – within an hour he was at my house. And then another long-time friend in the program showed up with dinner and items for my wife. The three of us talked in the kitchen for an hour. The care and compassion demonstrated by my program friends sustained me.

Within a week my wife went into the hospital and had her cancerous kidney removed. The room looked like a flower shop with all the flowers our friends sent to us. After a week of recuperation in the hospital and another week of rest at home it was time for us to visit the doctor again and find out the results of the biopsy. I was so scared I was nearly trembling, but I wanted to be strong for my wife. Then the doctor walked into the office and the smile on her face told us all we needed to know. She said that the surgery was successful and all the cancer had been removed. Moreover, no chemo or radiation therapy was warranted at this time. However, she did want us to come back in three months for a series of tests to make sure the cancer hadn’t returned. We recently completed that three-month check-up and all the tests came back negative for cancer and the kidney and liver function tests were within or above normal parameters. “...And God will do for us what we could not do for ourselves”.

Membership within the program doesn’t mean I will have a life void of trials and tribulations, but what it does give me is a new approach and a new faith to deal with life. What the program gives me is a fellowship on which I can rely for help. What the program gives me is a faith in a Higher Power that sustains and comforts me. What the program gives me is knowledge that “God will do for us what we could not do for ourselves”.

Used with permission from John D. the author, who originally published this article in the retreat.org blog.

God does for us what we cannot do for ourselves!

January 25, 2013 by [Recovery Daily](#)

How often have we heard it said in meetings that “God does for us what we cannot do for ourselves?” At times we may get stuck in our recovery, unable, afraid, or unwilling to make the decisions we know we must make to move forward. Perhaps we are unable to end a relationship that just isn’t working. Maybe our job has become a source of too much conflict. Or perhaps we feel we need to find a new sponsor but are afraid to begin the search. Through the grace of our Higher Power, unexpected change may occur in precisely the area we felt unable to alter. We sometimes allow ourselves to become stuck in the problem instead of moving forward toward the solution. At these times, we often find that our Higher Power does for us what we cannot do for ourselves. Perhaps our partner decides to end our relationship. We may get fired or laid off. Or our sponsor tells us that he or she can no longer work with us, forcing us to look for a new one. Sometimes what occurs in our lives can be frightening, as change often seems. But we also hear that “God never closes a door without opening another one.” As we move forward with faith, the strength of our Higher Power is never far from us. Our recovery is strengthened by these changes.

Used, with permission, from *Recovery Daily*.



Choose God

Powerlessness doesn't mean useless, worthless, weak or pathetic, synonyms I believe so many people erroneously associate with Step One. Losing the power of choice in drink is no more my 'fault' than any other poor choice I make. Choices are an illusion. My 'fault' lies in the belief that I have any power or control in my choices.

Every decision I make is rooted in my history and genetics. I did not create myself nor my circumstances. Everything that has happened to me, all my experiences and all my pain, get compressed and repressed, remaining trapped and secretly influencing my desires, behavior and relationships. I think I'm doing the choosing, but it is my history doing the choosing. I am merely a marionette puppet, my history holding the strings.

This isn't about attributing blame. It is simply about understanding where my responsibility lies.

My only real choice therefore is to choose God or not to choose God. I can either walk through life blindly, robotically, unconsciously controlled by my past, asleep, or to seek guidance from my higher power. Taking responsibility means choosing the latter, and not relying on my 'instinct'- a misguided, skewed version of the truth, steeped in woundedness and confusion.

"If you don't choose God, your character defects are in charge." – Sandy B.



Friends of Bill W. & Dr. Bob March 2, 2018

"We will suddenly realize that God is doing for us what we could not do for ourselves." When we are new in recovery and survive a major problem or make progress, we try to explain it by saying we have been saved by coincidence. Then our new friends are quick to tell us there are no coincidences in recovery, only miracles. God is doing for us what we could not do for ourselves. As we meditate on this Promise, we must practice belief, and trust in our Higher Power. God always lets us know that miracles come in His time, not ours.

This Promise tells us that we must accept God's help, not merely be resigned to it. We must let go of our problems personally and turn them over to God with faith.

When we were drinking, our higher power was alcohol. We seldom admitted it. The Eleventh Promise tells us that we have found a Higher Power that can and will do great things for us in spite of ourselves.

Easy Does It, February 26

Good stuff heard in a meeting yesterday: the topic was “What God does for us that we can’t do for ourselves.” One guy said: “I didn’t have no drink today, and I didn’t have no drink yesterday, and today I woke up and I wasn’t depressed, and I didn’t have a sense of impending doom.” God I mean blimey, the sense of impending doom. How fast I forget.

I remember how I used to hide inside the house. Every day, toward the end of my active addiction to painkillers, I used to listen for cars pulling up to the curb outside the house, sure they were cops; I’d stand at the side of the living room window and peek at the edge of the curtain to see if some swaggering armed officer, or some bland shaven gray-suited agent with glasses and hair neatly parted at the side, carrying a briefcase or a folder with my name on it, were coming up the porch steps. If you think this is pathetic and sad, you would be correct, it was pathetic and sad.

It was never a cop or an agent. Nobody but the mail carrier ever came up the porch steps. I had been a naughty girl, but apparently I was never That Naughty. (Or else: I never got caught) It was just that jolly old chemically-induced Sense Of Impending Doom. I.e., paranoia. The Destroyah. You get a good thing going, then you blow yourself out. What “God” did for me that I couldn’t do for myself?—I didn’t get caught. I had been quite naughty, and got another chance. Hell, I’d been given a bunch more chances over the years. This was just the most recent one. Also, as my son used to put it when he was about 3: I never “got dead.” Of course, these are all “yets.” They’re out there. But they’re not behind me.

I also heard people talking about what God DOESN’T do for us that we can do for ourselves. This is a favorite thing of mine to contemplate, because it means I can take action and responsibility. One way I used to work Steps 6 and 7:

I would figure out my defects” (fear; pessimism; self-doubt... are the big ones anyhow) and then “relax and take it easy,” sit back and tell God (in the form of “prayer”)—Oi, God, time to take these away now, get on it, man. As though this were my dive joint and God were my own Supernatural Bus-boy. Or my genie. Then a sober friend of mine, under whose direction I put myself periodically, told me:

OK—you can identify your weaknesses, but then try identifying their opposites. Then list specific actions you can take to start moving toward the opposites—the opposites we’re born with. Ask God for the opposites, and then start living according to them. Basically... we start acting as if the shortcomings have already been removed.

That’s what I heard in the meeting. In this meeting about “what God does for us that we could not do for ourselves,” people were talking about actions they took to bring themselves into alignment with the divine:

- Practicing discipline
- Developing consistency of action
- Achieving congruency—insides matching out-sides
- Refusing to pick up
- Praying/meditating
- Striving for sincerity in prayer—developing willingness

Doing all that, one person said, God took away “something that was very comfortable for me: I was always trying to make something or someone OK. And I no longer do that anymore.”

Doing all that, another person said, “I can now say ‘I don’t know.’ I have the ability to wait inside of discomfort.”

God apparently does some unexpected things.

The Twelve Steps to a Life Worth Living – by Joseph Ganci, Jr.

On the First Step to a life worth living my Higher Power gave to me: the gift of desperation and a life of unmanageability.

On the Second Step to a life worth living my Higher Power gave to me: a belief that there was something much bigger than me, and the hope of being set free.

On the Third Step to a life worth living my Higher Power gave to me: That the Bigger than me could set me free if I could and would agree wholeheartedly.

On the Fourth Step to a life worth living my Higher Power gave to me: courage and a writing pen and spoke about notes and the loss of friends, family and morality, and this would give me new eyes to see what was my part in a stock taking bottom line accountability.

On the Fifth Step to a life worth living my Higher Power gave to me: a chance to speak of my worst and my best and get it off my chest with another caring being who could introduce me to God for the very first time.

On the Sixth Step to a life worth living my Higher Power gave to me: the strength to let go of all things that were spiritually blocking me.

On the Seventh Step to a life worth living my Higher Power gave to me: a sense of time that was no longer mine, and said to overcome I have to let go and learn about trust, and if I was to grow this was a must.

On the Eighth Step to a life worth living my Higher Power gave to me: a list of all those who had felt my sting and be willing to patch the scratch, fill the gouge and cross the fiery bridge with humility and an olive branch.

On the Ninth Step to a life worth living my Higher Power gave to me: seven league boots to travel to ends of all creation and a hat to hold when asking for the forgiveness of gold, and to make whole what once was broken, to give back what was stolen, recant the vicious lie whatever the cost, and do no further damage to another man's heart.

On the Tenth Step to a life worth living my Higher Power gave to me the mirror of accountability, the task was to examine all my actions for it was journey with many distractions and when off course set it right immediately no matter how big the bite, and God would see to the rest, and it was after all for my very best if done each and every night.

On the Eleventh Step to a life worth living my Higher Power gave to me a personal conversation with God to speak the words of gratitude for the rescue from a hopeless state, and listen for thoughtful instruction for course corrections to my spiritual compass and examine every mistake.

On the Twelfth Step to a life worth living my Higher Power gave to me: the spirit of the universe now alive and growing in me. With the agreement that if I stay the narrow way, I would find my greatest joy in work or at play, for when I am in the service to my fellow beings, I am but in the service of my God. When sharing the living gift of recovery we fill the measure of our creation and find joy therein. For love and tolerance is our code and service to our fellow beings we have found to be the lightest load.

From: <https://newlifehouse.com/12-step-poem-alcoholics-anonymous/>

Two fellows stopped into an English pub for a drink. They called the proprietor over and asked him to settle an argument.

"Are there two pints in a quart or four?" asked one.

"There be two pints in a quart," confirmed the proprietor.

They moved back along the bar and soon the barmaid asked for their order.

"Two pints please, miss, and the bartender offered to buy them for us."

The barmaid doubted that her boss would be so generous, so one of the fellows called out to the proprietor at the other end of the bar, "You did say two pints, didn't you?"

"That's right," he called back, "two pints."

When you forgot your mask, but that Budweiser ain't gonna buy itself...



Quarantine: *ends*



Eric is sitting at the bar staring morosely into his beer. Tom walks in and sits down. After trying to start a conversation several times and getting only distracted grunts he asks Eric what the problem is.

"Well," said Eric, "I ran afoul of one of those trick questions women ask. Now I'm in deep trouble at home."

"What kind of question?" asked Tom.

"My wife asked me if I would still love her if when she was old, fat and ugly."

"That's easy," said Tom. "You just say 'Of course I will'".

"Yeah," said Eric, "That's what I did, except I said, 'Of course I DO....'"

Alcoholics Anonymous®

Dear Friends,

Greetings from the General Service Office (G.S.O.) of Alcoholics Anonymous!

We are happy to announce a Virtual Eastern U.S./Canada Forum on December 5, 2020: “2020: Experience, Strength & Hope - what it was like, what happened, and what it is like now.”

The one-day event will feature participation from the Northeast, Southeast, East Central and Eastern Canada Regions. As with traditional Regional Forums, the day will include workshops, presentations, Q&A's, General Sharing, and much, much more!

Registration will open on November 6, 2020 and can be accessed on our website at www.aa.org.

All members are invited, so get on the virtual bus! Bring a newcomer!

In fellowship,

Sandra W.
Regional Forums



Regional Forums

NERAASA 2021

February 26, 27 & 28, 2021

The virtual experience, a NERAASA like no other!

Register Here!

**Join the many who will make history at the first virtual
Northeast Regional Alcoholics Anonymous Service Assembly.**

- ◆ Round Tables ◆ Panels ◆
 - ◆ Northeast Regional Trustee Presentation ◆ Delegates' Highlights ◆
 - ◆ Fun & Fellowship ◆
-

NERAASA 2021 will offer participation in English, Spanish, A.S.L. & C.C.

\$21.00

'21 NERAASA weekend!

All A.A. members are both welcome and encouraged to attend!

We are making history!



**Questions: info@nerassa.org
Visit the NERAASA website [HERE](#)**

Register Now!

THE BIRTHDAY PLAN

Many AA members across the country are currently sharing their Anniversary Celebration with others, by giving a dollar or two for each year of their sobriety to WAIA. This ensures that the same help that they received will be available to others that are new to the Fellowship.

Start this year and make it an annual event. It is not how much you give that's important. It's thinking of others on your special day, that makes it so special. If you are truly grateful for your sobriety, this is really a wonderful way to express your gratitude by helping others receive the blessings of sobriety. Thanks.

FAITHFUL FIVERS

Faithful Fivers are AA members who in gratitude pledge to contribute at least five dollars each month toward the support of WAIA in its quest to carry the AA message of hope and recovery to those alcoholics who still suffer in the Washington, D.C. area.

The Faithful Fiver idea came about when we remembered that many of us wasted many times that amount each month during our drinking days. Your contribution (which is tax deductible) will help WAIA get through the money problems we are always facing.

If you are able to join this worthwhile cause, please fill in the form and send it along with your first contribution.

Cardholder Name _____

Email Address _____

Phone # _____ **MasterCard** _____ **Visa** _____

Credit Card # _____

Expiration Date _____

Cvv number _____

Billing Address (if different than subscription address)

I authorize WAIA to charge my credit card in the amount of \$
Signature: _____

WAIA

4530 Connecticut Ave, NW, Suite 111
Washington, DC 20008

WAGSA Area Committee Meeting

December 14, 2020—7:00 PM (2nd Monday except July)

Join Zoom Meeting <https://VxUDNWS3VuZ1V0dz09>

Meeting ID: 844 5094 0031

Passcode: 6970mc

One tap mobile

+13126266799,,84450940031# US (Chicago)

+16465588656,,84450940031# US (New York)

Questions? Email: chair@area13aa.org

Late Fall Assembly Area 13

December 12, 2020 9:00AM—5:00 PM

Agenda Outline:

- GSR Workshop (How Area 13 Assemblies Work)
- Budget & Finance Committee
- Elections (Continued from October)
- A.A. General Service Conf Motions
- 2021 Budget and more...

Join Zoom Meeting: Meeting ID: 882 1448 2697

Passcode: 6970mc

One tap mobile

+13126266799,,88214482697# US (Chicago)

WAIA Monthly Board of Directors Meeting

December 8, 2020—8:00 PM -2nd Tuesday of the month except August

Join Zoom Meeting

[https://us02web.zoom.us/j/85864338516?](https://us02web.zoom.us/j/85864338516?pwd=WGhzcXhwSFpPaEFoOVirdnY0R085Zz09)

[pwd=WGhzcXhwSFpPaEFoOVirdnY0R085Zz09](https://us02web.zoom.us/j/85864338516?pwd=WGhzcXhwSFpPaEFoOVirdnY0R085Zz09)

Meeting ID: 858 6433 8516

Passcode: 431307

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CHECK OUT OUR EVENTS CALENDAR

Events are updated regularly!

If you would like to submit an event, send an email to events@aa-dc.org. A pdf flyer may be attached

222	930 Club		Creative Arts		Good Shepard
	AA at CUA		Crossroads of Recovery		Greenbelt Step
140	AA & Family Issues	120	Daily Reflections, NW	150	Growing Group
10	Addison Road	74	Daily Reflections, SW		Happy, Joyous & Free
	Adams Morgan Meditation		Daily Reflections, UnityPI		Help Wanted
149	All Are Welcome	98	Darn Good Big Book		High Noon
360	Andrews Armed Forces	890	Darnestown Men		High on the Hill
204	As Bill Sees It, NW	45	Day by Day	60	High Sobriety
300	As We Understood Him	60	Deanwood Women Rap	300	Hill Lunch
	Aspen Hill 5th Chapter		Double Dippers	45	Hope Fellowship
131	Aspen Hill Phoenix Mon.	100	Dupont Circle Club	90	Hope/Oxon Hill
	Aspen Hill Phoenix Fri.		DC Young People	551	How It Works G'burg
238	Attitude & Action	283	DCC Noon	50	Hyattsville Discussion
	Attitude Adjusters	78	DCC Women Fri.	1092	Hyattsville Hope
540	Back to Basics	61	DCC Tues. 6PM	70	Informed Group
	Barnesville	1185	DCC—930 Club	400	Into Action, Germantown
	Beginner Basics (DCC/Wed)		Del Ray Acceptance		Investment
	Beginners & Winners	1345	Del Ray club		Irreverent Women
120	Beginners are Winners		District 2		Jaywalkers
50	Beltsville	365	Divine Intervention	1252	Just Before Noon
140	Brightwood		Dunn Drinking		Just For Today
	Brookland		Dunrobbin	1560	Kensington Big Book
1034	Broad Highway		8AM Men's Big Book	1020	Kensington YP Step Study
3238	BYOL	310	Early Times	68	Keys to Kingdom
100	BYOL (NonSmoke)	1415	Epiphanies	460	Kid Friendly Big Book
693	Burtonsville Big Book	320	Ex Libris	119	Kingman Park
108	Campus Noon		Faith Fellowship		King Str. Recovery
	Capitol Heights	175	Faith Group	710	Language of the Heart
389	Capital Hill	120	52 Pick-Up		Landover Discussion
	Carmody Hill Group	1200	Fireside Spirituality	110	Lanham-Seabrook
	Cedar Lane Women	176	Foggy Bottom		Last Chance
60	Change of Life	95	Foglifiers	900	Laurel Recovery
	Cheltenham	313	Forestville Primary Purpose	420	Leisure World Noon
100	Chestnut Lodge Outreach	60	14 Promises	420	Leisure World Big Book
969	Chevy Chase Group		Fourth Dimension		Let Go Let God
	Chinatown Big Book		Free Spirits	90	Life Is Good
	Chinatown Men's	221	Friday Night Fun Too		Life Saver/Big Book
90	Clarksburg AA		Friday Night Big Book	100	Little House
230	Cleveland Park		Friendly Bunch	56	Lit Womxn
	Clinton 45 Plus		Friendship	20	Living Sober by the Book
	Clinton Day	420	Gaithersburg Beginners		Living Sober Unity Place
180	Clinton 6:30		Gateway	60	May Day
	Clinton Sunday Night	285	Gateway/Wednesday		Meance to Serenity
160	Coffee & Donuts		Gay 18 New Castle	1118	Men of Dupont
	Colesville Sunday Nite	346	Gay Group	174	Men In Recovery
312	College Park	900	Georgetown		Men's BS Session
2773	Cosmopolitan	480	Glenarden	20	Merry Miracles
60	Crapshooters	1096	Glen Echo	721	Messengers
		660	Good News Beginners	265	Mideast

3267	Midtown	160	Petworth		Starting Over Gaithersburg
183	Misery is Optional		Phoenix Group/DC	124	Steps To Sobriety
40	Mitchellville		Pool'ville Pot Luck		Step II Group
	Monday Winners		Possum Pike	180	Sunday Men's Step
144	Mo.Co. Women	600	Potomac (Step/Tradition)	2868	Sunday Morning Breakfast
308	Monday Nite Women	300	Potomac Eye Openers	175	Sunday Morning Joy
927	More Peace of Mind		Potomac High Noon	30	Sun. Morning Reflections-UP
59	Montrose Gay		Potomac Oaks	1080	Sunrise Sobriety
143	Moving into the Solution	100	Potomac Village	651	Sunshine, G'burg
	Mt. Rainer	746	Primary Purpose Gay	150	Sursum Corda
	Nativity	720	Progress Not Perfection	165	Survivor's
137	Navy Yard Nooners	419	Promises Promises	260	Takoma Park Necessity
346	Neelsville Beginner	90	Prospect		Takoma Rush Hour
213	New Hope	269	Queer Women	100	Tenley Circle
	N.E. New Hope		Quince Orchard		The Away Group
380	NE Sunrise	1402	Radicals		There is a Solution
131	Never Too Late		Read & Speak	74	TGIF
	Never Walk Alone	120	Riderwood Bills	50	Thurs. Morn. Reset
929	New Avenue		Room with a View	97	Triangle Club
600	New Beginnings NW		Sat.Afternoon/2PM/UP		Twelve Point Bucks
84	New Beginnings/Pool'ville	60	Sat Morn Fire Barrel		Unity Noon
240	New Beginners SW	175	Saturday Morning Steps	282	Unlovely Creatures
99	New Stomping Ground	540	Saturday Night Happy Hour		Upper Marlboro Big Book
120	New Unity Gay		Saturday Night Special		Upper Marlboro Step
	No Hard Terms	310	Scaggsville	347	Uptown
60	Norbeck Women Fri		Second Chance	71	User Friendly
388	Norbeck Women Wed	30	Serendipity		Victory Lights
	Norbeck Step	120	Serenity House		Vision for You
239	NW Metro	878	Serenity	114	Waters Landing
277	Nuts & Bolts		Shepherders	1080	We Care
20	Oasis Women's BB	275	Silence is Golden	101	Wednesday Nite Winners
5	Old Fashion	67	Silver Spring Beginners BB		Welcome Group
138	Olney Farm	2400	Silver Spring	50	West Side Men
330	On the Circle		Silver Spring Women	150	Westside Women
120	On the Move	200	Simplicity	522	What's Happening Now
	One Day at a Time		Simply Sober	50	When All Else Fails
	One Day at a Time/R'ville		Singleness of Purpose		White Oak Steps &Traditions
	One Day at a Time/	1253	Six & Seventh Step	168	Women's Lit (180 Club)
G'burg	One Day at a Time/	90	Soapstone	1423	Yacht Club
	One Day at a Time/		Sober & Alive		Yeas & Nays
Lanham	One Day at a Time/	150	Spiritual Hilltop		
180	One Hour Back	100	Sobriety Sister		427 Birthday
180	180 Group	564	Southern Sobriety		305 Faithful Fivers
680	Open Arms		Spiritual Awakening		52,351 Individuals
54	Out Of the Woods	98	St, Barnabas Womens wrap		200 Memorial
200	Path to Healing		St. Camillus		
2264	P Street		St. Mary's Gay		
120	Palisades Mon. Nite		St. Francis		
			Starting Over (SS)		

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Have a story about your recovery in AA? Tell us your stories about how you're saying sober in these difficult times.

Why not share it with all of us? If you'd like to contribute to the *New Reporter*, please send in your material to:

newreporter@aa-dc.org



Day

Years

December 2 **Margo A.**

43 Years

THINGS WE CANNOT CHANGE

Anniversaries should be called into WAIA (202) 966-9783 as early as possible, by the 1st of the preceding month at the latest.

The **NEW REPORTER** is a monthly publication of the W.A.I.A., Inc., 4530 Connecticut Avenue, N.W. Washington, D.C. 20008. Printed Subscriptions are \$15.00 per year and Digital Subscriptions are **FREE**. Articles and event information are encouraged from members of the Fellowship and its friends.

VOLUNTEER

**Guess who it really
Helps?
Call 202-966-9783**

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