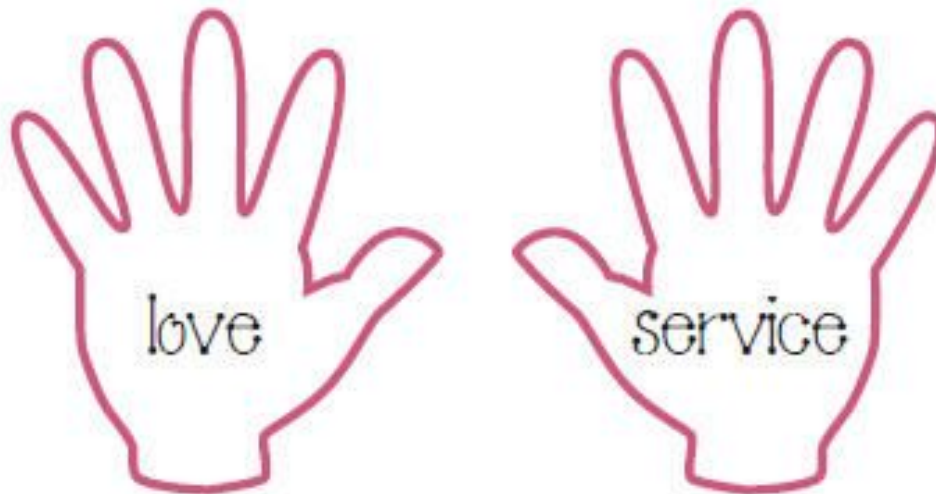


Happy Valentine's Day!

I have helping hands.



Love and Service go hand in hand.



The Spirit of Service

When we first come into the program of Alcoholics Anonymous, we are introduced to the practical aspects of service, such as making coffee, reading chapter 5 at the meeting, leading the meeting, and eventually becoming the secretary of the group, and/or the person who has the "fear of responsibility," when that six month obligation comes to an end, they are all too happy to give it up.

These little preliminary responsibilities are just like training wheels and somewhere down the road we ask that same person to take that job again, and things aren't nearly as scary as the first time. These little activities are a veiled approach to taking that person out of his comfort zone and show them that they had nothing to fear in the first place.

The next thing I see when we take on service commitments is that our Ego does not want us doing these things. It wasn't us to make up excuses for why we can't do it and seems to have something to do with "fear of commitment". A new person must be assured that they can't mess up an A.A. meeting and there is nothing to be afraid of, they always have a room full of people willing to help for they have been there themselves. This all helps us begin the process of taking our lives back from our Ego and that guy doesn't give up easily.

Service doesn't always come by way of a formal commitment but neither does neglect; a word I seldom ever hear being used in the rooms of A.A. We know how to open a door for someone and how a gesture like that can warm our hearts ever so slightly and we never regret that we did it.

We alcoholics have spent a lifetime neglecting those little informal acts of service and as the result, there's not too much to like about ourselves. It cost us nothing to open a door or to make our bed or to return a shopping cart back to the rack,

and what is to stop us from doing these things? You got it – our Ego.

Alcoholics Anonymous is often referred to as an education in the art of living. The things we learn in the program are meant to be taken with us out into the community at large. As the result of the early service commitments, that we are encouraged to perform, our confidence is restored, if only a little at a time, and we can face the risks and challenges that we used to avoid.

Service commitments and gestures are what I see as the first step toward healing our conscience and the more selfless we become, the more our self esteem is restored and most of us become strong enough to take on those formal service commitments that we used to shy away from.

A lifetime of neglect has left us without much to like about ourselves but I can tell you from experience that the sack of rocks we hear mention of, in A.A. meetings, is not so full of rocks as it is full of pebbles depicting all of the little responsibilities that we selfishly neglected in the past that weighs on our conscience and produces the negative vision that we have of ourselves. We didn't get that way over night and it will take time to establish a track record of unselfishness of the spirit.

One by one, as we recognize them, we must replace those deeds, that we selfishly ignored in the past, with unselfish actions, one pebble at a time, without expecting anything in return. As we replace one negative habit with one kind habit we will feel an overwhelming surge of warmth inside that no amount of material gain could ever produce.

Unselfishness heals the spirit and the only one that is on the losing end of this level of service is my EGO. This is the true spirit of Alcoholics Anonymous. What more can I say?

Rick R.

Originally appeared in the Central Bulletin

THE YIN AND YANG OF ALCOHOLICS ANONYMOUS

The exciting fellowship was a God-given necessity when I first entered the doors of AA in Santa Monica, California, during nineteen seventies. I was in such bad mental and emotional shape that a small gang picked me up because they weren't sure I could find my way around Los Angeles. Later, they told me that I looked very mean, but then, they could easily see that I was just crazy—what love! I am so glad that I attended meetings obsessively, because, otherwise, I might not have been given the blessing of continual sobriety. They say that surviving on the fellowship is "*untreated alcoholism*," but I was not capable of anything else those first several months. I felt as though the fellowship **was** the program of action and sort of short-shrimped the Big Book Steps. A near slip and a new sponsor brought me to believe that the AA fellowship was one thing, but the AA program of action (The 12-Steps), was another. They co-exist like yin and yang; one is no good for continual sobriety without the other. A lesson well learned: "***Don't drink and go to meetings was not my answer!***"

At six months sober my new sponsor rocketed me into and through the first seven steps and had me begin making amends from the Eighth Step list. I felt more confident, but still that mental obsession plagued me; anxiety was a daily companion. When was I to find relief? I began to have my doubts, but "*I hung in there, like a tick on a hound dog,*" as an old timer tagged "*Ala-bam*," from the Studio City Club, used to say to the newcomers. The result: At about a year sober, as I continued to connect the *fellowship* (yin), concurrently with the *Program* (yang), I experienced a blessed release from that dreadful mental obsession, and it has yet to return. Thank you, God!

Bob S, Richmond, IN



The Squirrel is Me

Driving along, a squirrel runs across the road well in front of me. As I approach, the squirrel freezes with indecision, nearly across the road, near the safety and freedom of the other side. Where it was heading.

As I get closer, the squirrel either continues on to the other side, or darts back towards the direction it came from and right under my tire. Choosing to go back, the squirrel is crushed. I am crushed. I just killed the squirrel! I had no time to react. Why did it do that! This is insane. What is going on?

Thinking about this, I realize, the squirrel is faced with the fear and uncertainty of being hit by a car. As I drew nearer, the uncertainty rose into anxiety. Fear into panic. The squirrel stops in its tracks. At this point, the squirrel seemingly has two choices, continue across to a new place, or return from where it came, what it knows.

To continue across, something turns near panic and anxiety towards resolve. With some sort of faith, the squirrel continues moving towards the less familiar place across the road. The place the squirrel was heading to may be OK. May be better. Once there, is better. Fear of the fu-



ture fades with a growing faith. I've been here before and I realize the Squirrel is me.

To turn back, faith in what started the journey fades. With rising fear driven panic and anxiety the squirrel needs to find comfort. Anything is better than here, but where? Faith fading, I look to the past. The squirrel darts back to where it came from, to narrow escapes, or to be crushed. Fear and anxiety still linger here, living in the past. Faith becomes lost. This is insane. I've been here before. I'm here again. The Squirrel is me.

Crushed, lost, I give myself over, for help, guidance, love. I want to live. I die to the past. Faith in a power greater than myself grows. Together, we begin living again. A new journey begins. One day at a time, we are crossing the road. The squirrel is me.

Ken K., Annapolis

A famous writer was in his study. He picked up his pen and began writing:

"Last year, my gallbladder was removed.

I was stuck in bed due to this surgery for a long time.

The same year I reached the age of 60 and had to give up my favorite job.

I had spent 30 years of my life with this publishing company.

The same year I experienced the death of my father.

In the same year my son failed in his medical exam because he had a car accident.

He had to stay in the hospital with a cast on his leg for several days.

And, the destruction of the car was a second loss.

Alas! It was such a bad year!"

When the writer's wife entered the room, she found her husband looking dejected, sad and lost in his thoughts. She carefully and surreptitiously read what he had written, and silently left the room and came back shortly with another piece of paper on which she had written her summary of the year's events and placed it beside her husband's paper.

When her husband saw that she had written something in response to his account of the year's events, he read:

"Last year I finally got rid of my gallbladder which had given me many years of pain.

I turned 60 with sound health and retired from my job.

Now I can utilize my time to write better and with more focus and peace.

The same year my father, at the age of 95 without depending on anyone and without any critical conditions, met his Creator.

The same year, God blessed my son with life.

"My car was destroyed, but my son was alive and without permanent disability.

This year was an immense blessing and it passed well!"

MORAL ~

In our daily lives we must see that it's not happiness that makes us grateful, but gratefulness that makes us happy. There is always, always, always something to be thankful for.

ATTITUDE IS EVERYTHING~

Attitude is the one thing that we always, in every circumstance, have control over.



As I write this I am 92 hours into my sobriety. Having blacked out last Thursday, the very next day I was invited to join a friend to his fourth AA Meeting. So today I just completed my fifth AA meeting at my fourth location (attending twice at

one location). Meetings are everywhere at so many times in the day.

I wear hearing aids and also currently suffer with a severe cold complete with a blocking congestion. This head cold completely renders my already weak ability to hear useless. So why attend meetings? There is incontrovertible evidence, in my experience to date, that the acceptance from others, the mystery of brokenness, and the Power of healing is all transferable to me as I just sit there and observe. I see heads nodding and lips form the words "Wow" and "Yes" from others all around me.

Some things happening here, what is ain't exactly clear - but it's good, it's wholesome, it's honest and genuine. I am being drawn in, even as I take these feeble first steps I can feel weight being lifted. I seem to be engulfed in the Love of God, it's pure delight to me. I want more, I need more. When I can shake this congestion and hear the stories it'll be all the

more powerful to my weary soul I just know it!

I'm devouring all I can read, from The Big Book to pamphlets and from the web site.

Folks are even offering me their contact phone numbers in droves - writing "Call Anytime". Are these to be my new friends? I think so, I hope so.

I feel vulnerable yet at the same time I feel secure and surrounded by an electric positivity, it's contagious. Reciting The Lord's Prayer together is an amazing thing.

My wife of 41 years is very happy for me, she says she is not skeptical this time. I am doing this for me but the benefits will certainly touch many others. There have been tears of both happiness and regret as I make amends; it's having a cleansing effect already.

What a joy it was today to receive my first 24 hour coin (or chip); a first of many benchmarks to come. Am I being too optimistic? Well, I'm only working on getting through today. I have no promise that tomorrow will ever come, but if and when tomorrow does come I will face it as I did today. This is my resolve, this is my life now: alcohol free one day at a time.

Thank you AA

Jeff T.

75 Years Ago This Month—Expenses for the Alcoholics Foundation (the forerunner of the General Service Office [GSO]) for the operating year ending February 1, 1943, are \$7,471.01. [Cf. *Central Bulletin*, March 1943] [For the year 2016, the GSO's operating expenses total \$17,409,877 including those for the *Grapevine* and *La Viña*.]

The Chicago A.A. office secretary Grace C. informs the Washington Group's secretary Bob E. about a US military officer from their group stationed in Washington. Because his name is scrawled across the incoming letter it is assumed that Eddie K. is assigned the contact for the out-of-towner. Eddie K. is mentioned in the September 7, 1941 Executive Committee minutes establishing the Washington A.A. Club House rules and in Howard H.'s report on Washington's 1946 banquet.

In a letter dated February 18, 1943, the Wartime Price Commission grants a waiver from the pleasure-driving ban allowing people to drive to A.A. meetings or to medical facilities in A.A. work. [Cf: the letter is cited at the WAIA Board of Directors Meeting Minutes, February 9, 1993 by Chad L. on behalf of the WAIA Archives Committee.] The Washington Group's treasurer Howard C. informs Bill W. of AA's gas-ration status in a letter dated February 27 and mentions hearing from the Washington Group's co-founder, Fitz M. Bill would continue to appeal to the Price Commission in the following months.

Curiously on Valentine's Day, Fitz (without mentioning Fitz's recent marriage to Arabella) replies to Howard C.'s invitation to the January Washington banquet:

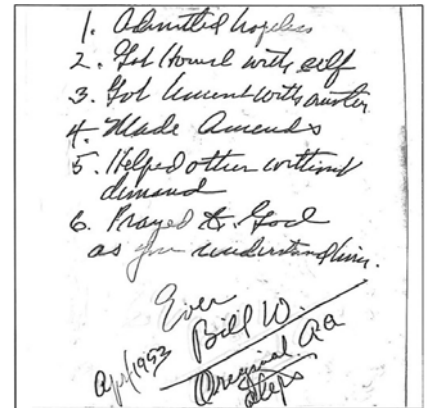
Dear Howard—

Nearly 3 months now have gone by since you wrote me... I have thought of you many times since then, my friend, and of all of my other dear friends there in Washington, you may be certain of that... somehow time has continued to slip by and my correspondence has been put off and aside... army life has been very rigorous for me and even my days off seem to be busy ones.

I would have certainly been happy to have been at the banquet which I hear from my sister was a great success. My what joy it would have been to have had the fellowship of all those dear friends... Yes, in certain situations where there is the light, the joy, the fellowship and certain conditions which we like we are sure that we [are] getting along well ... with great spiritual strides, but I am sure that I have learnt more by being in the dark valley where things and people are not to my liking... I have been learning here through periods of darkness. I was in the hospital for a few days not long ago...

I had an idea that maybe I should get a discharge from the army (over '35, etc.) and get into some essential war industry—I had several jobs to go but my discharge was refused by the board of officers and I shall probably remain here as an instructor in this Airplane Mechanics School after my graduation in a couple of weeks.

Give my best to all my friends ... may God increase the faith of all of us... Ever, Fitz



50 Years Ago This Month— The February-March issue of *Box 4-5-9* announces it has gone trilingual and has “just mailed” such issues of its newsletter to groups all over the world, to replace its former French and Spanish newsletters which were distributed to areas where those languages are spoken.

25 Years Ago This Month— A.A. in Mexico succeeds in getting Cuba’s first A.A. group going in February 1993: Grupo Sueño (Dream Group), in Havana. A year earlier Cubans Ciro V. and Juan A. would fail in their attempt to secure governmental approval to provide information about AA—in their words, “a program without nationalities, a political agenda, or financial interests.” But once A.A. Mexico could convince the Cuban government of the particulars of A.A.’s recovery program, the government welcomes the Fellowship. By the end of 2004, some 200 groups would be active in Cuba. [Cf. aa.org/Alcoholics Anonymous: A.A. Timeline]

The Washington Area General Services Assembly (WAGSA) sponsors a day-trip to NERAASA (Northeast Regional Alcoholics Anonymous Service Assembly) at Wilmington, DE on Saturday, February 27, 1993. NERAASA's theme--*AA Takes Its Inventory*--is identical to the 1993 General Service Conference’s.

At the February 9, 1993 WAIA Board of Directors Meeting:

- 1) the Night Watch Committee Chair, Kitty G., reports that Night Watch is up and running and that she will be attending a training session at the Virginia Intergroup the following week to see how they run theirs.
- 2) the *New Reporter* Committee Chair announces it was decided to highlight a particular “group each month to help increase circulation...Groups could share their history or something they feel is special about their group. Lee D. [WAIA Office Manager] has offered an article on his home group, Brightwood. Why not send an article on your group for inclusion in a future.”
- 3) Area 13 Delegate Mark L. announces his meeting in Chicago the following weekend, with nine other delegates from around the country and with some General Service Office staff, to discuss the issue of AA providing medallions, for such things as length of sobriety.

A.A. History Corner, thanks to The WAIA Archives Committee

- **Florida Woman Charged with DUI On Horse**

A 53-year-old woman riding a horse down a busy Florida highway has been arrested and charged with driving drunk. Sheriff's officials said in a news release that someone called 911 about a woman, who appeared confused and possibly in danger. When deputies arrived they found Donna Byrne riding her horse in the road. Officers did a sobriety test and said she gave breath samples that registered blood alcohol level of .161. Byrne is charged with DUI and animal neglect for endangering and failing to provide proper protection for the horse.

- I called shotgun one night leaving the bar. The officer put me in the backseat anyway.
- OFGS the store locked this man overnight in the store's beer cooler and then have him arrested for several cans and bottles of beer and malt beverage unpaid. Although I'm against nuisance lawsuits this man would be 100% correct to get a lawyer and sue the store for locking him overnight in that cooler. I'd bet the store owner would gladly drop all charges and possibly give the man a nice out of court settlement to avoid that law suit. -R.S.
- That guy was trapped in a beer cooler over-night and he only drank four beers? Amateur. cooler over-night and he only drank four beers? Amateur.

In his final book, the Late Roger Moore of 007 Fame leaves us with several old-folks' Text shorthand:

ATD – at the doctors

BTW – Bring the wheelchair

BYOT – Bring your own teeth

FWIW – Forgot where I was

IMHO – Is my hearing aid on?

GGPBL – Gotta go, pacemaker battery low

ROFLACGU – Rolling on the floor laughing and can't get up.

TTYL – Talk to your louder

THE BIRTHDAY PLAN

Many AA members across the country are currently sharing their Anniversary Celebration with others, by giving a dollar or two for each year of their sobriety to WAIA. This ensures that the same help that they received will be available to others that are new to the Fellowship.

Start this year and make it an annual event. It is not how much you give that's important. It's thinking of others on your special day, that makes it so special. If you are truly grateful for your sobriety, this is really a wonderful way to express your gratitude by helping others receive the blessings of sobriety. Thanks.

FAITHFUL FIVERS

Faithful Fivers are AA members who in gratitude pledge to contribute at least five dollars each month toward the support of WAIA in its quest to carry the AA message of hope and recovery to those alcoholics who still suffer in the Washington, D.C. area.

The Faithful Fiver idea came about when we remembered that many of us wasted many times that amount each month during our drinking days. Your contribution (which is tax deductible) will help WAIA get through the money problems we are always facing.

If you are able to join this worthwhile cause, please fill in the form and send it along with your first contribution.

Cardholder Name _____

Email Address _____

Phone # _____ **MasterCard** _____ **Visa** _____

Credit Card # _____

Expiration Date _____

Cvv number _____

Billing Address (if different than subscription address)

I authorize WAIA to charge my credit card in the amount of \$ _____
Signature: _____

WAIA
4530 Connecticut Ave, NW, Suite 111
Washington, DC 20008

WAIA H&I Newsletter: December 2017

What We Do

The WAIA Hospitals and Institutions Committee (H&I) serves to coordinate with local area hospitals and institutions to ensure that the hand of AA is always available when needed. Specifically, we:

1. Communicate with hospitals and institutions to assess whether there are any ways that WAIA can help further their mission,
2. Locate AA groups that are able to bring meetings in to requesting hospitals and institutions,
3. Help local AA groups find opportunities for their members to get involved in 12th step work with area hospitals and institutions, and
4. Provide groups with literature for hospitals and institutions. We provide soft-cover Big Books and pamphlets. We also have a box of donated literature that AA groups can help themselves to at the WAIA office.

News

We are happy to speak to groups (upon request) to talk about the committee's mission, service, and opportunities for groups to get involved. Please email us if you'd like a representative from the H&I committee to come talk to your group.

We are looking for volunteers to help coordinate H&I meetings in the District of Columbia, Montgomery County, and Prince George's County.

Open Area Meetings: Looking for Groups or Individuals to Be of Service!

We are looking for AA groups that can commit to bringing meetings to these institutions. Where days or times are missing, the institution is open to scheduling at a time that works for the AA group. Interested groups can contact us at: hni@aa-dc.org.

District of Columbia

- DC Dept. Corrections Central Detention Facility, SE; days and times flexible, requires background check, drug test, and TB test
- DC Dept. of Youth Rehabilitation Services (DYRS) Youth Services Center, NE; Every other Tuesday 6pm
- Greater Southeast Community Hospital, SE; days and times TBD
- Leland House, North Capitol St NW; day and time TBD
- Transitional Recovery Program (Men's Rehab), SE; Saturdays 8pm
- VA Hospital, Substance Abuse Recovery Program, NW; Mondays 11am

Montgomery County

- Avery Road Treatment Center, Rockville; 3rd Sunday, 8pm (men only)
- Montgomery County Correctional Facility (MCCF) General Population, Clarksburg; 5th Tuesday 7:30pm
- Groups and individuals for the MCCF Men's JAS program, Clarksburg; one or more sessions per month, MWF 7:30pm. Regulars require application and orientation; guests can go with regulars with just application.
- Shady Grove Nursing Home, Rockville; day and time TBD

Prince George's County

- IAFF Center of Excellence, Upper Marlboro; Weeknights, 7pm
- St. Thomas Moore Nursing Home, Hyattsville; Weeknights 7pm
- Vesta Mental Health Services, Forestville, Tue-Fri, 11am, 1-2 times per month



2018

SOBER BOWL SUNDAY!

SUPER BOWL LII

ASPEN HILL 5TH CHAPTER

WHERE: St. John's Lutheran Church
4629 Aspen Hill Road
Rockville, MD 20853

WHEN: Sunday February 4, 20184:00 P.M.
AA Meeting4:30 P.M.
Kick off6:30 P.M.
(Volunteers for setting up arrive at 3:00)



FAMILY FRIENDLY



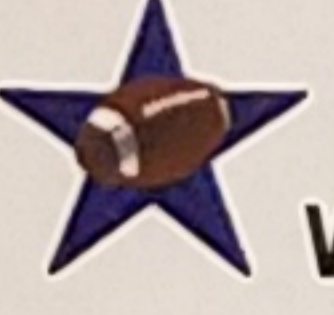
BRING A NEWCOMER



ALL ARE WELCOME



BRING A DISH TO SHARE*



WATCH THE GAME WITH SOBER FRIENDS

- Paper products will be provided.

H.O.W. Women's Retreat

March 2-4, 2018

A Non-Denominational Spiritual Retreat for Women in A.A.

Washington Retreat House

(4000 Harewood Rd., NE Washington DC 20017
(Next door to the Pope John Paul 2 Cultural Center)

Retreat Theme:

Retreat Leader: Ann Winklemann

Schedule:

Registration begins Friday at 5:00PM

Retreat begins Friday with dinner at 6:30 PM

Retreat closes after lunch on Sunday at 1:00PM

Activities Include:

General Sessions with the Retreat Leader, Ann Winklemann

Saturday Evening Speakers Meeting, Ice Cream Social and Raffle

Small Group Discussions, 11th Step Prayer and Meditation Meeting

Time for Fellowship, All Meals, Complimentary On-Site Parking

Costs:

Full Weekend - \$215.00 (Includes all activities and private room with shared bathroom for 2 nights)

Saturday Only - \$115.00 (Includes all activities, excluding overnight accommodations—

Email: Howretreat@gmail.com

Or call, Deborah at 301 570 3525 or 301 906 0919



27th SESSIONS IN THE SNOW



Lodging at the Mountain Inn

Sun. March 11th – Fri. March 16th 2018

1 person King / Queen Bed = \$710
2 people 2 Double Beds = \$920 (\$460pp)

This includes the following:

5 nights lodging w/ breakfast and 5 days boarding/skiing

Killington is the best in the East, with 87 miles of terrain! Cross Country Skiing is available, too.

Travel is up to you; some drive and others fly. Please call for further details.

<p>Break down of costs:</p> <p>1 person King / Queen = \$710 (room + 1 tax) 2 people King / Queen = \$920 (room + 2x taxes) 2 people 2 Dbl bd= \$920 (room + 2x taxes) / \$460pp</p> <p>Price includes 5 nights Lodging (\$500), Deluxe Breakfast, and 5 day lift ticket (\$200).</p> <p>Killington Rentals Rent skis (w/poles) / boards for \$140 per week</p> <p>We are kid friendly, so let us know if they are coming. Killington has discounts on tickets and rentals for children under 7-18. Lessons are available, too.</p>	<p>If interested and have questions, please call:</p> <p>Jack Cashin 301-908-8396 Maryland Josh Reil 540-878-3970 Virginia Jeremy Hott 240-372-3972 Virginia Conrad May 202-290-0393</p> <p>If you would like to make a reservation, please fill out the bottom part of this flyer and return with a deposit of \$100 by Jan. 1st 2018 to Jack Cashin.</p> <p><u>Make checks payable to:</u> Jack Cashin 412 Beaumont Road Silver Spring, MD 20904</p>
--	---

Cut below and please end in with check to reserve your spot on the trip.....SEE BACK FOR MORE INFORMATION.....

Name: _____ Roomate/Partner: _____

Telephone Number _____ Email _____

Please circle room type KING QUEEN DOUBLE FIREPLACE (King only, \$150 extra)

Please circle rental type SKI w/POLES BOARD HELMET

Register Now!
Space Is Limited!

Come Fellowship With Us!

8th ANNUAL
Southern Maryland Round-Up

MARCH 16-18, 2018

HOLIDAY INN

Conference Center & Marina
Solomons, Maryland



Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Email Address: _____

Phone: _____

Affiliation: AA _____ Al-Anon _____

	QTY	TOTAL
REGISTRATION FEE		
<i>Before Jan. 31, \$30; After Jan. 31, \$35 per person</i>	_____	_____
BUFFET DINNER		
<i>(Additional \$25 for Buffet Dinner per person)</i>	_____	_____
HOSPITALITY SUITE DONATION \$		_____
SPONSORSHIP CONTRIBUTION \$		_____
TOTAL		<input style="width: 50px; height: 20px;" type="text"/>

You can also register online at
southernmarylandroundup.org

- AA & Al-Anon Workshops
- Sobriety Countdown
- Hospitality Suite
- 60/40 Raffle
- New Expanded Buffet
- On-Site Recovery Store
- Souvenirs and more!

REGISTRATION

Early Registration - \$30 per person
Early Registration ends January 31st

Regular Registration
\$35 per person - Beginning February 1st
ends March, 12, 2018

Sponsored registration is available.
Visit our website for more information.

BUFFET DINNER - \$25

(Tickets sold separately)

BUFFET TICKETS
must be purchased by March 5, 2018
Please visit our website for menu.

TO REGISTER

By Mail:

Make check or money order payable to:
Southern Maryland Round-Up

Mail to:

**P.O. Box 427
Dunkirk, MD 20754**

Register on-line by **March 12th**
southernmarylandroundup.org

Register at the door with Cash or check only

ALL REGISTRATIONS ARE FINAL
No Refunds. Pass it on to a friend of Bill's if unable to attend. Your cancelled check is your receipt.

HOLIDAY INN

Conference Center & Marina

155 Holiday Drive, Solomons, Maryland

Room Rate - \$104/night • Be sure to use reservation # RD8
Rates good for 3 days prior & 3 days after the event
1-800-HOLIDAY or 410-326-6311
www.holidayinn.com



For conference information, please visit
southernmarylandroundup.org

or email

info@southernmarylandroundup.org

For more information about the area, visit
www.solomonsmaryland.com

76th WAIA Masquerade Ball

3.24.18

Social starts at 6pm

Dinner provided by Mission BBQ

Desserts by Jane Kane

and Milk Cult

Meeting at 8pm

Speaker is Jerry W. From North Carolina

DJ Merchi hosting the

after party

Dress to impress

\$50 for single tickets

\$400 for a full table of 10

Buy your tickets at

aa-dc.org



1 Veterans Place Silver Spring, Maryland 20910

ANNOUNCING

**THE 60TH
ICYPAA**

**INTERNATIONAL
CONFERENCE
OF YOUNG PEOPLE
IN ALCOHOLICS ANONYMOUS**



HILTON BALTIMORE

401 W. PRATT ST., BALTIMORE, MD 21201

AUGUST 30 - SEPTEMBER 2, 2018

REGISTER NOW AT ICYPAA.ORG

WAGSA Area Committee

2nd Monday
February 12, 2018

(New DCM & GSR Orientation, 6:30-7:30 PM)
Silver Spring Presb.
Church

580 University Blvd East
Silver Spring MD

Info:
chair@area13aa.org

Old Fashion Group 26th Anniversary

Monday
February 19, 2018
7:00—9:00 PM

Christ Church
620 G St SE
Washington DC 20003

Food & Fellowship –7:00PM
Meeting—8:00 PM

Parking in Rear

Brightwood Group 62nd Anniversary

Friday
February 2, 2018
7:00 PM– 9:30 PM

Trinity Episcopal Church
7005 Piney Branch Rd
Washington DC 20036

Food & Fellowship –7:00PM
Meeting—8:30 PM

WAIA Monthly Meeting of the Board of Directors

2nd Tuesday

February 13, 2018

The Church in Bethesda
5033 Wilson Ln
Bethesda, MD 20814

aa-dc.org for more info

Aspen Hill 5th Chapter 2018 Sober Bowl

Sunday
February 4, 2018
4:00 PM—9:30 PM

St. John's Lutheran Church
4629 Aspen Hill Rd
Rockville MD 20853

Family Friendly, Bring a new-
comer, All are welcome,
Bring a dish to share,

CHECK OUT OUR EVENTS CALENDAR

Events are updated
regularly!

If you would like to
submit an event, send an
email to [events@aa-
dc.org](mailto:events@aa-dc.org). A pdf flyer may
be attached

AA at CUA	240	Creative Arts	342	Goldsboro
131 AA & Family Issues	300	Crossroads of Recovery	60	Good News Beginners
20 Addison Road	84	Daily Reflections, SW	1200	Good Sheperd
321 A Vision for You	80	Daily Reflections, NW	250	Grace
240 A Way Of Life	31	Daily Reflections, Bowie	268	Growing Group
180 Adams Morgan Meditation	42	Darne Good Big Book	45	Happy, Joyous & Free
All Are Welcome	286	Darnestown Men	20	Help Wanted
180 Among Women	219	Day By Day	603	High Noon
170 Anacostia Group		Deanwood Step	634	High on the Hill
2003 Andrews Armed Forces	60	Deanwood Women Rap	30	High Sobriety
721 As Bill Sees It	330	DC Young People	1200	Hill Lunch
945 As We Understood Him	1873	Del Ray		Hope Group
570 Aspen Hill 5th Chapter	1930	Del Ray Sunrise	547	How It Works
365 Aspen Hill Phoenix	81	DCC Beginners		Hyattsville Discussion
1557 Attitude & Action	374	DCC	975	Hyattsville Hope
162 Attitude Adjusters	382	DCC Noon	201	Informed Group
526 Back to Basics	25	DCC Tues. Big Book	2110	Into Action
210 Barnesville		Del Ray Acceptance	435	Investment
Beginners & Winners	321	Divine Intervention	144	Irreverent Women
Beginnings@S Harper Hse	323	Dunn Drinking	1102	Jaywalkers
10 Bethel Group	1648	Dunrobbin	3119	Just Before Noon
91 Big Book Study	90	8AM Men's Big Book	89	Just For Today
182 Big Book Thumpers	100	Early Times	1200	Kensington Big Book
216 Brightwood	1080	Epiphanies		Kensington Young People
Broad Highway	371	Ex Libris	540	Kensington YP Step Study
152 Brookland		Eye Opener, Potomac	416	Kid Friendly Big Book
3437 BYOL	146	Faith Group	25	Kingman Park
BYOL Non-Smoking	32	Fireside Spirituality	22	Kitchen Table
960 Burtonsville Big Book	515	Foggy Bottom	406	Language of the Heart
300 Capitol Heights	58	Forestville Primary Purpose	119	Lanham-Seabrook
3000 Capital Hill		Fourth Dimension		Last Chance
460 Carmody Hill Group	258	14 Promises	1179	Laurel Recovery
696 Cedar Lane Women	321	Free Spirits		Lawyers
330 Change of Life	527	Friday Night Fun Too	620	Leisure World Big Book
298 Cheltenham	254	Friday Night Big Book	560	Leisure World Noon
Chestnut Lodge group	80	Friendly Bunch	52	Let Go Let God
360 Chinatown Men's	25	Friendship	98	Let It Happen
Choir	75	Gaithersburg Beginners	141	Liberty
250 Cleveland Park		Gaithersburg Young People	53	Life Is Good
315 Clinton 45 Plus		Garrett Park Stag	33	Little Falls
198 Clinton Day	1434	Gateway	350	Little House
180 Clinton 6:30	529	Gateway/Wednesday	30	Living Sober by the Book
89 Clinton Sunday Night	42	Gay 18 New Castle	175	May Day
480 Coffee & Donuts	787	Gay Group	181	Men in Recovery
454 College Park	820	Georgetown	479	Men of Dupont
1300 Cosmopolitan	83	Get It Off Your Chest	600	Men's BS Session
Count Me In		Get Lit	964	Messengers
650 Crapshooters	240	Glenarden	400	Mid-east
	92	Glen Echo	3535	Midtown

t 120	Miracles	579	Potomac High Noon	527	Sunday Men's Step
	Misery Is Optional	423	Potomac Oaks		Sunday Morning Breakfast
30	Mitchellville	869	Potomac Women	1083	Sunday Morning Joy
400	Monday Winners	1259	Potomac Speakers	625	Sunday Night Colesville
610	Mo.Co. Women	2776	Primary Purpose Gay	2340	Sunshine/G'burg
975	More Peace of Mind	532	Progress Not Perfection	1200	Sunrise Sobriety
36	Montrose Gay	420	Promises Promises	255	Sursum Corda
203	Moving into the Solution	140	Prospect	30	Survivor Group
660	Mt. Rainer	337	Queer Women	978	Takoma Park Necessity
800	Nativity	625	Quince Orchard	16	Takoma Park Rush Hour
510	Never Too Late	1089	Radicals	1690	Tenley Circle Men
78	Never Walk Alone	187	Read & Speak	30	The Away Group
2211	New Avenue	264	Riderwood Bills	828	There is a Solution
444	New Beginnings		Rockville	313	Thursday Nite Men
416	New Beginnings NW	1081	Room with a View	184	TGIF
240	New Beginners	239	Rosedale Sobriety		Triangle Club-Sun 11AM
332	New Hope	90	Round Table	700	Triangle Club-Sat. 7:15PM
450	New Way Recovery		Sat Morn Fire Barrel	59	Trusted Servants
300	No Hard Terms	1083	Saturday Morning Steps		Twelve Point Bucks
25	Noon Reflections	304	Saturday Night Happy Hour	45	Upper Marlboro Big Book
257	Norbeck Women Fri	4	Saturday Night Special	276	Upper Marlboro Step
155	Norbeck Women Wed	210	Scaggsville	253	Uptown
75	Norbeck Step	37	Second Chance	30	Victory Lights
430	N.E. New Hope	300	Seed of Hope	249	Village Idiots
652	NE Sunrise	25	Serendipity		War is Over
150	NW Metro	805	Serenity	500	Wash. Serenity Retreat
	Nuts & Bolts	223	Serenity House		We Agnostics (SE)
60	Oasis Women's BB	103	Serious Business	866	We Care
45	Old Fashion	120	Shepherders	387	Wednesday Nite Winners
100	Old Town Bowie BB	473	Silence is Golden	33	Welcome Group
968	Olney Farm	414	Silver Spring Beginners BB	378	Westside Beginners
459	Olney Stag Rap	3010	Silver Spring	1129	Westmoreland Women
300	Olney Women's group	13	Silver Spring Women		
540	On the Circle	90	Simplicity	180	What's Happening Now
467	On the Move	299	Simply Sober	120	White Oak Steps & Traditions
25	One Day at a Time R'ville		Singleness of Purpose	62	Wilson Room
198	One Day at a Time	1802	Six & Seventh Step	1528	Yacht Club
(G'burg)		900	Sober & Alive		Yeas & Nays
40	One Day at a Time	277	Sobriety Sisters		
(Lanham)		280	Southern Sobriety		
807	180 Group	687	Spiritual Awakening	1264	Birthday
990	Open Arms	10	St, Barnabas Womens wrop	25	Faithful Fivers
331	Out Of the Woods		St. Bart's	3587	Individuals
2687	P Street	386	St. Camillus	525	Memorial
150	Petworth		St. Mary's Gay		
186	Poolesville New Begin-		Starting Over (SS)		
nings		249	Starting Over Gaithersburg		
126	Potomac Eye Openers	60	Step Sisters		
		163	Steps To Sobriety		

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Day			Years
February 10	Eric C.	Serenity House	12
February 21	Donna W.	Petworth	14
February 24	William F.	Serenity House	30

THINGS WE CANNOT CHANGE

Pearl Dowdell, November 2, 2017, Metropolis, 43 years sober
 Jeffrey S., December 11, 2017, Serenity House, 27 years sober
 John Ford III, December 11, 2017, Petworth, 49 years sober

Anniversaries should be called into WAIA (202) 966-9783 as early as possible, by the 1st of the preceding month at the latest.

The **NEW REPORTER** is a monthly publication of the W.A.I.A., Inc., 4530 Connecticut Avenue, N.W. Washington, D.C. 20008. Printed Subscriptions are \$15.00 per year and Digital Subscriptions are **FREE**. Articles and event information are encouraged from members of the Fellowship and its friends.

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New meetings are not listed in the Where & When or on the website until they have been in existence for 6 months. If you'd like to let the A.A. community know about a new meeting, we will gladly list it here.

If you have a new meeting starting up, or changes to an existing meeting, please email us at aa-dc@aa-dc.org or call us at 202-966-9115 to let us know!

CIGAR SMOKERS– Tuesday, 8:30 PM, Cortez Cigars, 971 Thayer Ave, Silver Spring MD 20910

WE ARE ALL NEWCOMERS– Tuesday, 12:00 Noon, Presbyterian Church, 1030 River Rd, Potomac MD 20854

THERE IS A SOLUTION YOUNG PEOPLE'S– Thursday, 7:30 PM, UMD Memorial Chapel Lane, College Par, MD 20742

POTOMAC MEN'S BIG BOOK—Wednesday, 8:00 PM, St. Francis Episcopal Church, 10033 River Road, Potomac, MD 20854

AA Meeting for Veterans, Saturday- Monday, 6:00 PM, Unity Club, Inc., 1168 W. Broad St (Rt 7), Falls Church, VA

SOULS A-RISING—Monday, 8:00 PM, 2300 Cathedral Ave, NW, Washington DC 20008.

CANCELLED MEETINGS

The Ritz, Monday, 8:30 PM, 1640 Columbia Rd, NW Washington, DC 20009

Westwood II, Friday, 12:00 Noon, 5910 Goldsboro Rd, Bethesda, MD 20817

Wilson Room, Monday, 7:00 PM, Rockville Christ Church, 301 Adclare Rd, Rockville, MD

FEBRUARY 2018