

Happy Valentine's Day!

Restored

Here we are, February, pondering and working Step 2 in yet another new year. Thank God for sponsees who keep the program fresh for me. I'm reminded of my initial Step2, how I was lost in a sea of self, tossed by the great waves of misery and humiliating failed attempts at sobriety. I did not believe you, not for one second, when you told me that God could and would restore me to sanity.

My belief that God would restore me to sanity came slowly. I really cannot tell when I could honestly admit to myself that I believed God had accomplished that feat in me. I had moved through the steps and, one day someone said that God had restored them to sanity. I simply agreed. Somewhere along the line I had come to believe, through experience with sane thinking, that God actually had restored me some measure of sanity.

Bill W. writes on page 26 of the *Twelve Steps and Twelve Traditions*, that to "get sober and stay sober, you do not have to swallow all of Step Two right now." Somehow, understanding that my NOT believing was not such a unique experience gave me hope that perhaps I did have a chance at sobriety. Coupling this with the misery of working Step One "out there" had made me willing to move through the Steps regardless of whether I believed they would work for me or not.

There were some barriers. Working Step Two was, for me, like most every Step taken in Alcoholics Anonymous, a huge battle with ego. I thought me coming to believe, meant me giving up some freedom, some huge part of self, that would somehow be a colossal sacrifice for me and a boon for God above and mankind as a whole. Humbly, I could not have been more wrong.

Bill W. writes on page 31 of the *Twelve Steps and Twelve Traditions* that many in A.A. start their journeys to recovery shackled with assorted -isms that hamper our ability to let go and to, finally, believe. "Belief meant reliance, not defiance," Bill writes. "In A.A. we saw the fruits of this belief: men and women spared from alcohol's final catastrophe. We saw them meet and transcend their other pains and trials. We saw them calmly accept impossible situations, seeking neither to run nor recriminate. This was not only faith; it was faith that worked under all conditions." I, like most people successfully working A.A., concluded, as Bill suggests, that whatever price in humility I must pay, I would pay.

I am humbled today by the fact that my early feelings of doom and damnation were more right than I realized. It is the few, not the many, who are able to hurdle the blockades of ego that bar us from happy sobriety. I am eternally grateful to God and those members of A.A. that God has used, and continues to use, to keep my trail rational, sensible and reasonable, sane. – Jeff W., from *FootSteps*

You Mended my Heart

I came to you broken spiritually, mentally and physically. There was not hope left in me. I had no will to live. The fight was over. Life had been too cruel. You promised that "if I was willing" you could help me, free my spirit, heal my broken heart and make me whole again through a new way of life. I doubted anything could help me but "I was willing to try." You said "I will love you until you can love yourself."

And so you have. When times were bad you were always there to show me different way. You taught me to take baby steps and live one day at a time. Sometimes one hour at a time. Live just for the now and never give up.

You laughed with me and cried with me, teaching me the humor in life again. You showed me I wasn't strange or different, bad or good, just sick. Stronger hands reached out to me but I was afraid. Their voices said "keep coming back." Others said, "don't go away." Some said "don't leave until the miracle happens." I didn't understand, but I do NOW.

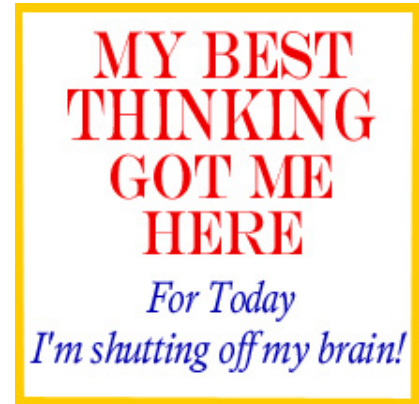
You showed me how to be a friend by your love and actions in friendship. You taught me to trust again. You gave me faith and love and to me that is trust.

You put me back together one piece at a time until I was whole again. You gave me a family, a Mom, Dad, Brother and Sisters—whatever my heart was missing.

You introduced me to a God of Love that answers my prayers and knows what I need sometimes before I do. A God that heals with love and he is always with me. I am never alone or afraid.

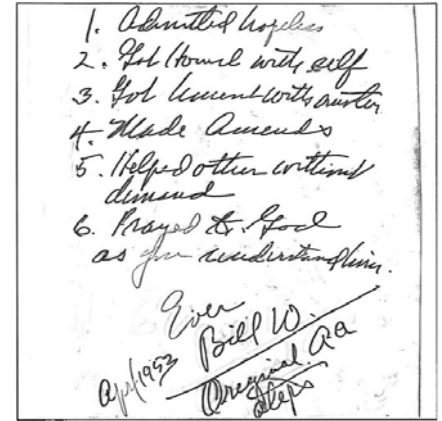
My gratitude for life today is way beyond explaining in simple words. I try to practice what you taught me with all the newcomers I meet today by showing them I understand where they are in that I have walked to the other side with love and guidance. Maybe if they are willing I can help show them a new way to live like the time you took to show me.

With God's guidance they can find what I almost missed. -- Anonymous



75 Years Ago This Month— Marie Manning, a nationally syndicated advice columnist based in DC, writes the following to "Alcoholics Anonymous, Inc." about the referral of inquiries received by her column.

"Since we first published an article on Alcoholics Anonymous sometime in March 1940, we have referred hundreds of inquiries to your above address... Will you please let me know if this is still the proper procedure?"



New York replies that it is a clearing house for such inquiries and it would "allot any...to the nearest fellowship". Of course, the Alcoholic Foundation tracks A.A.'s expansion and is protective of members' anonymity, especially in these early stages. At that time the Washington Group has among its members a prominent business person, a Brigadier General, a Rhodes Scholar, and an attorney with a federal government agency.

50 Years Ago This Month— In the February 1967 issue of the *Grapevine*, under the "Carrying the Message" rubric, Washington groups get a mention from Chuck of Norfolk, VA:

I have heard it expressed that in A.A. when we travel we're always going to meet friends we've never met yet. In the short years I have been in A.A. I have had occasion to travel to and attend meetings in the following areas: Baltimore, Washington, DC, Alexandria, Philadelphia, and the Tidewater area of VA (Norfolk, Portsmouth, etc.) and have found that statement so true in every place I have visited. There are no strangers in A.A., just friends we haven't met yet. I know of no organization outside of A.A. where that statement can be made.

A.A. History Corner, thanks to the WAIA Archives Committee

25 Years Ago This Month— during the weekend of Feb. 14-16, 1992, Danvers, MA hosts the first annual Northeast Regional A.A. Service Assembly (known as NERAASA or “the Assembly”). The Pacific Region already had had such an assembly which whet the appetite of the General Service Conference delegates in our region. NERAASA serves as a regional forum for General Service Representatives (GSR’s), District Committee Members (DCM’s), Area Officers, Area Committee Members, and Intergroup/Central Office Representatives of the Northeast Region to discuss issues and concerns related to the General Service Conference, as well as aspects of recovery, unity and service pertinent to the areas of the Northeast Region.

In February, the General Service Trustees set the General Service Conference agenda for the coming April. In doing so, the agenda also emerges for NERAASA. Panels have Service Representatives and Area Officers serve as “gophers” to research agenda items to present to the Assembly. Microphones record the questions, concerns and comments registered by the Assembly. This of course gives the delegates and area service representatives a sense of the region’s group conscience--matters which the groups back at home use to assure participation toward an informed collective group conscience.

Currently, NERAASA’s weekend of panel presentations and floor discussions, of the Northeast Regional Trustee’s Report, of a Saturday dinner and of an A.A. speaker meeting is augmented by several round table sharing sessions for General Service Representatives (GSR’s), District Committee Members (DCM’s), Area/Panel Officers, Central Office/Intergroup Officers, Alternate & Area Delegates as well as committee members and chairs of the Archives, Cooperation With The Professional Community (CPC), Public Information (PI), Correctional & Treatment Facilities (CTF), Grapevine and Website committees.

In November 2011, just to our south, Fairfax, VA hosts the first Southern States AA Service Assembly in a seemingly proactive stance towards the coming April Conference Agenda. Since then, two biennial sessions--one in Baton Rouge, LA in 2013 and the other in November 2015 in Huntington, WV—serve Alabama, Georgia, Louisiana, Kentucky, Northern Florida, Puerto Rico, South Carolina, Virginia and West Virginia.

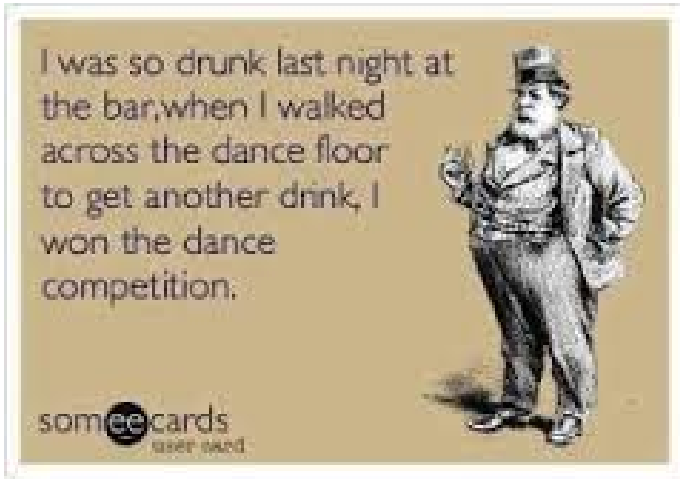
SNORKELING IN WISCONSIN



Alcohol may have been involved.

Murphy's other laws:

- Everyone has a photographic memory. Some don't have film.
- He who laughs last thinks slowest
- A day without sunshine is like, well, night.
- Change is inevitable, except from a vending machine.
- Back up hard drive? How do I put it in reverse?
- I just got lost in thought. It was unfamiliar territory.
- When the chips are down, the buffalo is empty.
- Those who live by the sword get shot by those who don't.
- Seen it all, done it all. Can't remember most of it.
- She's always late, In fact, her ancestors arrived on the "June Flower."
- Honk if you love peace and quiet.
- Nothing is foolproof to a sufficiently talented fool.
- Just remember, if the world didn't suck, we'd all fall off.



Proudly showing off his new apartment to a couple of his friends late one night, the drunk led the way to his bedroom where there was a big brass gong.

"What is the big brass gong for?" one of the guests asks. "It's not a gong. It's a talking clock," the drunk replied.

"A talking clock? Seriously? Asked his astonished friend.

"Yup." Replied the drunk.

"How's it work?" the second guest asked, squinting at it.

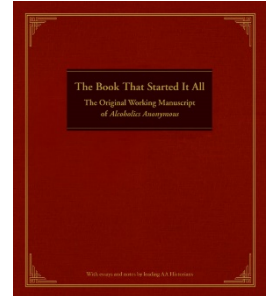
"Watch," the drunk said. He picked up the hammer, gave it an ear shattering pound and stepped back.

The three stood looking at one another for a moment.

Suddenly someone on the other side of the wall screamed "You friggin' IDIOT! . . . it's ten past three in the morning!"

The Big Book Manuscript Edit Was Vitrally important!

Bill W. finished the pre-publication manuscript for the book, *Alcoholics Anonymous*, in December of 1938. It read like a book of absolute prescriptions e.g.: "*Thou shalt under pain of drunkenness,*" e.g. :



- "Rarely have we seen a person fail who has thoroughly followed our path **directions.**"
- "If you have decided you want what we have and are willing to go to any length to get it - then you are ready to take certain steps **follow directions.**"
- "At some of these we balked **you may balk.** We thought **You may think** we could find an easier, softer way. But we could not **We doubt you can.**"
- "... One who has all power - that One is God. May you **You must** find Him now!"

These few authoritarian (Thou must) examples are on page 58, but this theme travels throughout the entire *step explanation pages* of the Manuscript.

In January of 1939, Bill W sent four-hundred manuscripts to members, friends and other allies for comments and evaluation. These were returned with only a few suggestions. However, Hank Parkhurst's friend, Dr. Howard, a psychiatrist from Montclair, New Jersey, recommended toning down the use of "*musts*" to: "*we ought*" or "*we should*"—etc. Also, instead of the authoritarian word "**you**" to use the word "**we.**" (Dr Silkworth and Dr. Tiebout offered similar advice). After all, many of the skid row alcoholics had been repeatedly badgered by do-gooder advice at the missions.

I believe this caused a major change in the tone of the Big Book—it immediately changed from a book of **prescriptions** to one of **descriptions**—from “*Thou must*” to “*This is what we did.*” I note that page 58 of our current Big Book announces: “*If you have decided you want what we have and are willing to go to any length to get it, . . . What an appealing choice!*”

A professor from NY University, Tom Uzzell, was paid \$380 (\$6,419 today) to edit the manuscript in a more professional manner which reduced the pages from over six-hundred to four-hundred.

Another concern was the religious mode. Many wanted a religious tone (mostly Akron members) style while some New Yorkers favored the psychological angle. Arguments ensued! However, Jimmy Burwell came up with the compromising phrase: “*God as we understood Him*”. Bill called this statement a ten-strike! (Of course, Ebby Thacher told the same to Bill on page 12.)

A scribbled in pencil “Too Groupy” conveyed that a phrase was too much like the religious Oxford Group. An example of this can be found on Manuscript page 43 . . . Bill had written: “*When you awake tomorrow **morning**, look back before the day before. Were you resentful, selfish, dishonest, or afraid?*” The words “Oxford Group” are hand written just above these words to signify needed change. This was changed to: “when we retire at **night** . . .”, etc. as on page 86 of our current Big Book. Without the above two major changes, would the Big Book have sold? I doubt it! Bill W. wrote the Big Book, but he had lots of help. Thank you, God,!

Bob S., Richmond, IN

THE BIRTHDAY PLAN

Many AA members across the country are currently sharing their Anniversary Celebration with others, by giving a dollar or two for each year of their sobriety to WAIA. This ensures that the same help that they received will be available to others that are new to the Fellowship.

Start this year and make it an annual event. It is not how much you give that's important. It's thinking of others on your special day, that makes it so special. If you are truly grateful for your sobriety, this is really a wonderful way to express your gratitude by helping others receive the blessings of sobriety. Thanks.

FAITHFUL FIVERS

Faithful Fivers are AA members who in gratitude pledge to contribute at least five dollars each month toward the support of WAIA in its quest to carry the AA message of hope and recovery to those alcoholics who still suffer in the Washington, D.C. area.

The Faithful Fiver idea came about when we remembered that many of us wasted many times that amount each month during our drinking days. Your contribution (which is tax deductible) will help WAIA get through the money problems we are always facing.

If you are able to join this worthwhile cause, please fill in the form and send it along with your first contribution.

Cardholder Name _____

Email Address _____

Phone # _____ **MasterCard** _____ **Visa** _____

Credit Card # _____

Expiration Date _____

Billing Address (if different than subscription address)

I authorize WAIA to charge my credit card in the amount of \$

Signature: _____

WAIA
4530 Connecticut Ave, NW, Suite 111
Washington, DC 20008

WAIA H&I Newsletter: January 2017

What We Do

The WAIA Hospitals and Institutions Committee (H&I) serves to coordinate with local area hospitals and institutions to ensure that the hand of AA is always available when needed. Specifically, we:

1. Communicate with hospitals and institutions to assess whether there are any ways that WAIA can help further their mission,
2. Locate AA groups that are able to bring meetings in to requesting hospitals and institutions,
3. Help local AA groups find opportunities for their members to get involved in 12th step work with area hospitals and institutions, and
4. Provide groups with literature for hospitals and institutions. We provide soft-cover Big Books and pamphlets. We also have a box of donated literature that AA groups can help themselves to at the WAIA office.

We are happy to speak to groups (upon request) to talk about the committee's mission, service, and opportunities for groups to get involved. Please email us if you'd like a representative from the H&I committee to come talk to your group.

News

The H&I newsletter is available online at: <http://www.aa-dc.org/HnI>.

We are looking for volunteers to help coordinate H&I meetings in the District of Columbia, Montgomery County, and Prince George's County.

Open Area Meetings: Looking for Groups or Individuals to Be of Service!

We are looking for AA groups that can commit to bringing meetings to these institutions. Where days or times are missing, the institution is open to scheduling at a time that works for the AA group. Interested groups can contact us at: hni@aa-dc.org.

District of Columbia

- 801 East Men's Shelter, SE; Saturday 8pm
- Adams Place Day Center, NE; Tuesday or Thursday, 10am or 11am
- Adams Place Men's Shelter, NE; Friday 8pm
- DC Dept. Corrections Central Detention Facility, SE; days and times flexible, requires background check, drug test, and TB test
- Greater Southeast Community Hospital, SE; days and times TBD
- Nativity Women's Shelter, NW; Friday 8pm
- New York Avenue Men's Shelter, NE; Thursday 8pm
- St. Elizabeth's Solution Center, SE; Wednesdays 9am
- Transitional Recovery Program (Men's Rehab), SE; Saturdays 8pm

Montgomery County

- Montgomery County Correctional Facility (MCCF) General Population, Clarksburg; 5th Tuesday 7:30pm
- More men for the weekly MCCF JAS program; MWF 7:30 pm - several dates available. Requires background check to attend with a badged member. Requires application and orientation to get badge.
- Randolph Hills Nursing Home, Silver Spring; every other Tuesday, 6pm
- Shady Grove Nursing Home, Rockville, TBD

Prince George's County

- St. Thomas Moore Nursing Home, Hyattsville; Weeknights 7pm
- Vesta Mental Health Services, Forestville, Tue-Fri, 11am, 1-2 times per month

Happy Joyous and Free Young People's
Group is hosting its 4th Annual

CHILI Cook Off

Contest



and



Night

Saturday, February 4th, 2017

Bingo Starts at 5 pm

Chili entries must be in by 6 pm

AA Speaker at 8 pm

All You Can Eat and Play!

Most prizes are tacky variety, except the winner's trophy for the Best Chili!

TICKETS:

prepaid: \$10

at the door: \$15

bring chili & get in for \$10



Proceeds go to support the efforts of the
Maryland Bid Committee for
the 60th International Conference of Young
People in AA (ICYPAA - mdypaa.org) and
the 45th US and Canada Hispanic AA
Convention, occurring 8/31 - 9/3/2017 in
Baltimore, MD
for more info: chair@area13aa.org.

THE JOY OF LIVING

An AA Workshop

Presented by the All Are Welcome Group

9:30 – 10:00 am: *Coffee & Fellowship*

10:00 – 11:00 am: **Session 1 – Defects—What are They & How to Remove Them**

Lynn S. – Aspen Hill, MD

Dave D. – Bowie, MD

11:15 am – 12:15 pm: **Session 2 – Rubbing out the Record**

Sammie G. – Richmond, VA

Lee M. – Washington, DC

12:15 – 1:00 pm: *Lunch*
Light Refreshments Provided

1:00 – 2:00 pm: **Session 3 – It Works. It Really Does.**

Kelly W. – Baltimore, MD

Victor B. – Takoma Park, MD

2:15 – 3:15 pm: **Session 4 – The Joy of Living**

Rebecca P. – Bethesda, MD

Bob Z. – Aspen Hill, MD

NO COST OR REGISTRATION REQUIRED ALL ARE WELCOME

For More Information:

Deshu G – 240-277-9183

Jenny U – 240-888-0435

Saturday, February 25, 2017

9:30 am – 3:30 pm

North Chevy Chase Christian Church

8814 Kensington Parkway Chevy Chase MD 20815

NERAASA 2016

Twenty-Fifth Annual

NORTHEAST REGIONAL A.A. SERVICE ASSEMBLY

"Celebrate Our Silver Anniversary in the Golden West"

PURPOSE:

The purpose of the Northeast Regional Alcoholics Anonymous Service Assembly (NERAASA) is for the GSRs, DCMs, Area Committee Members and Intergroup/Central Office Representatives of the Northeast Region to discuss General Service Conference related issues and concerns affecting A.A. as a whole, as well as pertinent aspects of recovery, unity and service common to all the areas of the Northeast Region.



2016 General Service Conference Theme:

"Our Spiritual Way of Life: Steps, Traditions and Concepts"

February 26, 27, 28, 2016

Springfield, MA

REGISTRATION

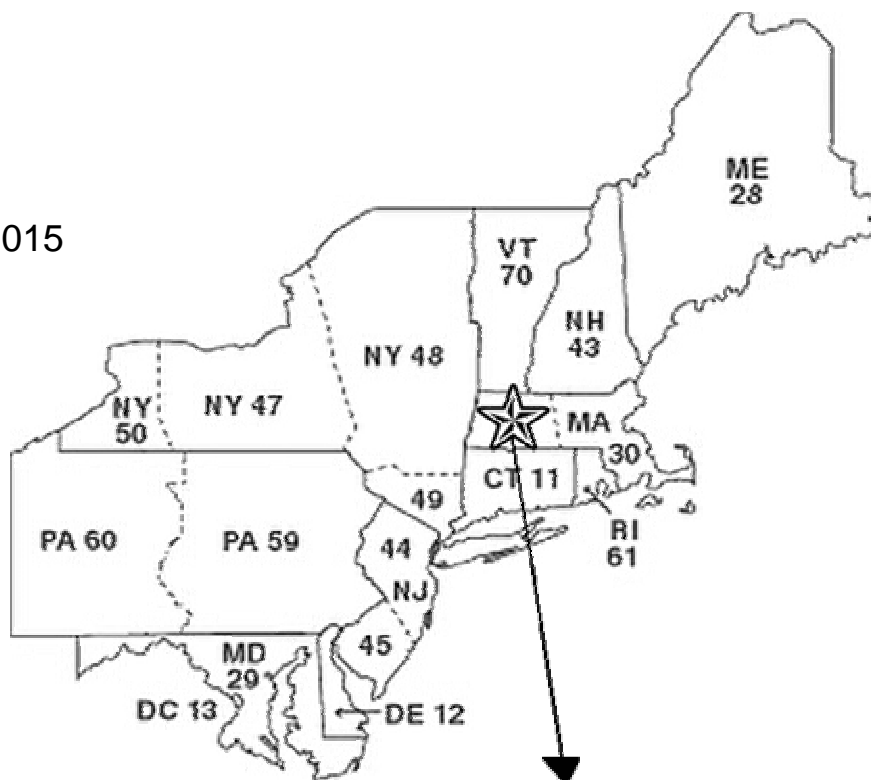
Online registration opens Sept. 1, 2015
at <http://www.neraasa2016.org>

Kickoff 'Redball' Meeting Thursday,
February 25 at 8:00 pm

Onsite registration begins at
12:00 noon, Friday Feb. 26, 2016

Panel 1 begins at 3 pm

**All A.A. members
are welcome to
come and join us!**



Hosted by Area 31,
Western Massachusetts
"The Golden West"

Pre-registration deadline: Jan. 27, 2016

H.O.W. Women's Retreat

March 3-5, 2017

A Non-Denominational Spiritual Retreat for Women in A.A.

Washington Retreat House

4000 Harewood Rd., NE Washington, DC 20017
(Next door to the Pope John Paul 2 Cultural Center)

Retreat Theme: Living Daily in Honestly, Open-mindedness and Willingness

Retreat Leader: Sister Cathy Cahill, OSF

Schedule:

Registration begins Friday at 5:00PM
Retreat begins Friday with dinner at 6:30 PM
Retreat closes after lunch on Sunday at 1:00PM

Activities Include:

General Sessions with the Retreat Leader, Maureen Murphy
Saturday Evening Speakers Meeting, Ice Cream Social and Raffle
Small Group Discussions
11th Step Prayer and Meditation Meetings
Time for Fellowship
All Meals
Complimentary On-Site Parking

Costs:

Full Weekend - \$215.00 (Includes all activities and private room with shared bathrooms for 2 nights)
Saturday Only - \$115.00 (Includes all activities, excluding overnight accommodations)

Email – Howretreat@gmail.com

Or call, Deborah at 301 570 3525 or 301 906 0919



26th SESSIONS IN THE SNOW



Lodging at the Mountain Inn

Sat. March 4th – Fri. March 10th 2017

1 person King / Queen Bed = \$800
2 people 2 Double Beds = \$1000 (\$500pp)

This includes the following:

6 nights lodging w/ breakfast and 5 days boarding/skiing

Killington is the best in the East, with 87 miles of terrain! Cross Country Skiing is available, too.

Travel is up to you; some drive and others fly. Please call for further details.

Break down of costs:

1 person King / Queen = \$800 (room + 1 tix)
2 people King / Queen = \$1000 (room + 2x tixs)
2 people 2 Dbl bd= \$1000.00 (room + 2x tixs) / \$500pp

Price includes 6 nights Lodging (\$600), Deluxe Breakfast, and 5 day lift ticket (\$200).

Killington Rentals

Rent skis (w/poles) / boards for \$131 per week

We are kid friendly, so let us know if they are coming. Killington has discounts on tickets and rentals for children under 7-18. Lessons are available, too.

If interested and have questions, please call:

Jack Cashin 301-908-8396 Maryland
Josh Reil 540-878-3970 Virginia
Jeremy Hott 540-247-5918 Virginia
Conrad May 202-290-0393

If you would like to make a reservation, please fill out the bottom part of this flyer and return with a deposit of \$100 by Jan. 1st 2017 to Jack Cashin.

Make checks payable to:

Jack Cashin
412 Beaumont Road
Silver Spring, MD 20904

Cut below and please end in with check to reserve your spot on the trip.....SEE BACK FOR MORE INFORMATION.....

Name: _____ Roomate/Partner: _____

Telephone Number _____ Email _____

Please circle room type KING QUEEN DOUBLE FIREPLACE (King only, \$75 extra)

Please circle rental type SKI w/POLES BOARD HELMET (\$26 per week)

The Example of Love—What is this thing called love, and what does it mean to a defeated alcoholic?

When I came to A.A.—sick, disgusted, hating myself and the world around me—the one word I understood least and which nauseated me most was love. I didn't know what it meant. I had it confused with motels—or the Hollywood sexy magazine concept. Probably the worst inventions of the middle ages, I thought, were romantic love and gunpowder. I'd listen to these A.A.'s frantically talk about how we love one another. I didn't know what they meant – but I learned.

These A.A.'s accepted me for just what I was – a drunk who wanted to stop drinking. Nothing more, nothing less. No one asked who I was, or what I'd done or how I got there, they didn't even want to know what my name was. They told me I was home, they welcomed me. Most of the rest of the world had ceased to wonder or care what happened to me and had rejected me as a drunken bum. But these strange people stuck out their hands and said, "You are welcome." Later, I found they accepted anyone without regard to race, creed color, or national origin – if he wanted to stop drinking. This included criminals, dope addicts, butchers, bakers, bankers, truck drivers, ministers, lawyers, pill pushers, judges, lunatics, corporate presidents – anyone at all. This warm, unexpected acceptance was such a surprise I even figured I could put up with their silly yak-yak about all "loving" one another.

As I attended meetings I found there was a keen and growing interest on the part of these A.A.'s concerning my welfare. They cared what happened to me, they also respected me – and, boy was this different! Most people I'd known had long ceased to show any respect for me and were loud and verbose in their condemnation of my guilt and shame they unwittingly added to my burden of horror and inferiority.

Not these strange and different people of A.A. who talked about God and love. They said I was the most important person in the group because I was their newcomer, their life's blood. (What a strange feeling this brings to one who has been rejected for so long by so many!) These people respected me because I was a human being – something of a wreck, and a failure, but still human—and they loved me. While I didn't understand them, I began to respond to them.

Doctors, psychiatrists, pastoral counselors and others had treated me for my alcoholism, but without success. This didn't discourage these people who had nothing to offer as a solution but their love and God. They talked about God in such an ordinary way – as if He was an old and trusted friend. It didn't discourage these people when I explained my hopelessness and how my case was different. They just laughed and told me about themselves and how they had solve their problems. They gave me hope. They encouraged me to believe I, too, could recover. When I asked a stupid question, I didn't get a stupid answer. They responded with an earnestness that led me to believe I'd asked the most profound question ever brought forth in A.A.

I began to learn that they understood me – understood me better than I had been capable of understanding myself. They taught me that forgiveness means to pass from judgement to understanding, for when we understand enough we find there's nothing to forgive.

My fellow A.A. members showed me by their actions and their example, the meaning of love. I didn't have to judge them by what they said; I could easily measure the meaning of their purposes and their wisdom by what they did.

By the power of example I came to learn that love is accepting, caring, respecting, responding and understanding.

D. McF, Los Angeles, CA

Taken from the Grapevine, May, 1966

WAGSA

2nd Monday, 7:30 pm

February 13, 2017

(New DCM & GSR Orientation—6:30-7:30 PM)

Silver Spring Presb.
Church
580 University Blvd. East
Silver Spring, Maryland

Info or directions
chair@area13aa.org

Old Fashion Group 25th Anniversary

**Monday
February 20, 2017**

7:30 PM

Christ Church
620 G St SE
Washington DC 20003

Friendship Group Valentine's Meeting

**Wednesday,
February 15, 2017**

8:30 PM

St. Alban's Saterlee
Hall
3001 Wisconsin Ave
NW
Washington, DC

WAIA

Monthly Meeting of the Board of Directors

2nd Tuesday, 8:00 PM

February 14, 2017

Appliance Builder's Ware-
house
8951B Brookville Rd
Silver Spring, MD

Joy of Living Workshop Sponsored by All are Welcome Group

**Saturday, February 25,
2017**

9:30 AM- 3:30 PM

No. Chevy Chase Chris-
tian Church
8814 Kensington Pkwy
Chevy Chase MD

An AA Workshop
No cost or registration

CHECK OUT OUR EVENTS CALENDAR

Events are updated
regularly!

If you would like to
submit an event, send an
email to [events@aa-
dc.org](mailto:events@aa-dc.org). A pdf flyer may
be attached

300	AA at CUA	680	Cosmopolitan		Get It Off Your Chest
524	A Vision for You		Count Me In	377	Get Lit
100	Action Step	150	Crapshooters	660	Glenarden
20	Addison Road	615	Creative Arts	168	Goldsboro
1008	All Are Welcome		Crossroads of Recovery	390	Good News Beginner
89	Among Women	60	Daily Reflections, SW	60	Grace
100	Anacostia	629	Daily Reflections, NW	129	Grace Road
1718	Andrews	80	Daily Reflections, Bowie	356	Growing Group
1076	As Bill Sees It	634	Darne Good Big Book	250	Happy, Joyous & Free
200	As We Understood Him	154	Darnestown Men		Help Wanted
600	Aspen Hill 5th Chapter	166	Day by Day	600	High Noon
32	Aspen Hill May Day	400	Deanwood Step		High on the Hill
83	Aspen Hill Phoenix	97	Deanwood Women Rap	30	High Sobriety
211	Attitude & Action		DC Steps	1331	Hill Lunch
434	Attitude Adjusters	88	DC Young People	346	Hope Group
	Avery Road	817	Del Ray	591	How It Works
250	Back to Basics	81	DCC Beginners	520	Hyattsville Hope
	Barnesville	376	DCC	130	Informed Group
218	Beginners & Winners		DCC Men's Rap	1800	Into Action
	Beginnings@S Harper Hse	637	DCC Noon	540	Investment
70	Bethel	95	Del Ray Acceptance	372	Irreverent Women
175	Big Book Thumpers	210	Divine Intervention	534	Jaywalkers
	Brandywine	1140	Dunn Drinking	2812	Just Before Noon
525	Brightwood	600	Dunrobbin	30	Just For Today
505	Broad Highway	286	8AM Men's Big Book		Kensington Big Book
90	Brookland	1360	Epiphanies		Kensington YP Step Study
25	Brown Bag	1109	Ex Libris	783	Kensington Young People
3763	BYOL	405	Eye Opener, Potomac	191	Kid Friendly Big Book
	BYOL Non-Smoking	98	Faith Group		Kingman Park
1579	Burtonsville Big Book		Festival	25	Kitchen Table
160	Campus Noon	670	Fireside Spirituality	130	Landover Discussion
375	Capitol Heights	316	Foggy Bottom	722	Language of the Heart
1040	Capital Hill	179	Forestville Primary Purpose	160	Lanham-Seabrook
300	Carmody Hill Group	71	Fourth Dimension	104	Last Chance
507	Cedar Lane Women	60	14 Promises	1221	Laurel Recovery
185	Change of Life	488	Free Spirits	76	Lawyers
	Chairman's Choice	724	Friday Night Fun Too		Legacies
214	Cheltenham		Fri Night Gay Women's	21	Leisure World Big Book
194	Chestnut Lodge group	107	Friendly Bunch	360	Leisure World Noon
290	Chinatown Men's	300	Friendship	25	Let Go Let God
	Choir		Gaithersburg Beginners	56	Liberty
77	Cleveland Park		Gaithersburg Young People	60	Life Saver
	Clinton 45 Plus	35	Garrett Park Stag	41	Little Falls
246	Clinton Day	376	Gateway	470	Little House
180	Clinton 6:30	64	Gay 18 New Castle	117	Living Sober
100	Clinton Sunday Night		Gay Group	60	Living Sober by the Book
160	Coffee & Donuts	100	Gay Women	180	May Day
720	College Park	302	Georgetown	64	Men in Recovery
			Germantown Yacht	2500	Men of Dupont

840 Men's BS Session	300 Potomac Village	836 Sunday Morning Joy
444 Messengers	731 Primary Purpose Gay	64 Sun. Morning Reflections
600 Mideast	360 Progress Not Perfection	30 Sunday Night Colesville
1332 Midtown	693 Promises Promises	2052 Sunshine
27 Mitchellville	140 Prospect	1464 Sunrise Sobriety
600 Monday Winners	390 Quince Orchard	285 Sursum Corda
691 Mo.Co. Women	1224 Radicals	396 Takoma Park Necessity
1356 More Peace of Mind	120 Reaching out for Life	21 Takoma Park Rush Hour
65 Moving into the Solution	173 Read & Speak	2010 Tenley Circle
360 Mt. Rainer	300 Renewal	15 The Away Group
545 Nativity	141 Riderwood Bills	85 Thursday Morn Reset
324 Never Too Late	38 Rockville	148 TGIF
90 Never Walk Alone	1020 Room with a View	666 Triangle Club-Sun 11AM
194 New Avenue	86 Rosedale Sobriety	55 Triangle Club-Sat. 7:15PM
240 New Beginners	14 Rush Hour	1041 Trusted Servants
621 New Beginnings (SE)	115 Saturday Afternoon	250 Tuesday Night Speakers
115 New Hope	80 Sat Morn Fire Barrel	120 Turning Point
75 New Unity Gay	969 Saturday Morning Steps	242 Twelve Point Bucks
504 No Hard Terms	524 Saturday Night Happy Hour	358 Twelve & Twelve
Non Smokers Noon	Saturday Night Special	75 Unity Place Sat. Afternoon
34 Noon Reflections	143 Scaggsville	25 Upper Marlboro Big Book
370 Norbeck Step	133 Second Chance	566 Uptown
276 Norbeck Women Fri	25 Serendipity	142 User Friendly
154 Norbeck Women Wed	661 Serenity	1680 Vermont Avenue
180 Northeast New Hope	105 Serenity House	35 Victory Lights
160 NE Sunrise	90 Serious Business	219 Village Idiots
260 Nuts & Bolts	240 7 Ups	25 Wandering Souls
17 Old Fashion	270 Shepherders	108 War is Over
60 Old Town Bowie Stag	260 Silence is Golden	50 We Agnostics (SE)
990 Olney Farm	604 Silver Spring Beginners BB	720 We Care
760 Olney Stag Rap	2140 Silver Spring	211 Wed. Night Big Book
600 Olney Women's group	55 Simplicity	113 Wednesday Nite Winners
466 On the Circle	275 Simply Sober	36 Welcome Group
120 One Day at a Time	51 Singleness of Purpose	82 Westside Beginners
37 One Day at a Time	1536 Six & Seventh Step	314 Westside
(G'burg)	Sober & Alive	Westmoreland Women
654 180 Group	376 Sobriety Sisters	
433 Open Arms	7088 Spiritual Awakening	126 What's Happening Now
2134 P Street	46 St. Barnabas Women	240 White Oak Steps & Traditions
60 Petworth	151 St. Bart's	13 Wilson Room
45 Phoenix	476 St. Camillus	14 Women's Oasis Big Book
80 Poolesville Pot Luck	63 St. Mary's Gay	1735 Yacht Club
68 Possum Pike	104 Starting Over (SS)	Yeas & Nays
900 Potomac (OLOM)	394 Starting Over Gaithersburg	
420 Potomac Eye Openers	30 Step Forward	4161 Birthday
287 Potomac High Noon	90 Step Sisters	120 Faithful Fivers
220 Potomac Oaks	101 Steps To Sobriety	6378 Individuals
	226 Sunday Morning Breakfast	2475 Memorial

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Day			Years
January 27	Scofield	Petworth	35
February 13	Shula M.	Lighten the Load	21
February 23	John F.	Petworth	49
February 23	Mitzi A.	Petworth	25
February 23	Donna W.	Petworth	13
February 25	Tony F.	Saturday Morning Live	23

THINGS WE CANNOT CHANGE

Wilkie W. 12/13/2016, Westside Club

Anniversaries should be called into WAIA (202) 966-9783 as early as possible, by the 1st of the preceding month at the latest.

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New meetings are not listed in the Where & When or on the website until they have been in existence for 6 months. If you'd like to let the A.A. community know about a new meeting, we will gladly list it.

If you have a new meeting starting up, or changes to an existing meeting, please email us at aa-dc@aa-dc.org or call us at 202-966-9115 to let us know!

www.aa-dc.org

6 PM RUSH HOUR, Monday, Wednesday, Friday, 6:00 PM, Bells United Methodist Church, 6016 Allentown Rd, Camp Springs, MD

DEANWOOD WOMEN RAP, Thursday, 7:00 PM (except major holidays), Deanwood Recreation Center, 1350 49th St, NE, Washington, DC 20019

THE AWAY GROUP, Monday, 7:30 PM, Solid Rock Church, 5401 Good Luck Rd, Riverdale, MD 20737

BARRACK'S ROW, Friday, 12:00 PM, Aquila, 721 O St NW—2Nd Floor, Washington, DC 20016

DARNESTOWN MEN, Saturday, 8:30 AM, 15120 Turkey Foot Rd, Darnestown Presbyterian Church, Darnestown, MD 20878

AA and FAMILY ISSUES, Tuesday, 6:30 pm, St. James Church, 222 8th St NE, Washington, DC 20002

We ask that you please remember to inform us when the meeting has been meeting continually for 6 months, so we can update the Where & When and website accordingly

FEBRUARY 2017